



# Mequon-Thiensville School District

## Course Scope & Sequence

<b>Course Name:</b> Grade 7 Family & Consumer Science	<b>Department:</b> Related Arts
<b>Grade Level:</b> 7	<b>Duration:</b> All year or 1 semester

**Course Overview:** The seventh grade Family and Consumer Science curriculum consists of a variety of topics related to nutrition, health and wellness. Students will have an in-depth study of abbreviations/ measuring equivalents, garnishing, varied diets, dietary guidelines, essential nutrients, MyPlate, and nutrition labels. In addition, we will discuss herbs, spices, chocolate, soup, stocks and sauces. Students will have the opportunity to prepare food products related to the topics of study. Seventh graders also participate in a “cupcake challenge.” We will also discuss topics related to careers, success, finance, community service, teen issues, eating disorders, family and leadership. A field trip is planned to JA Finance Park. Seventh grade FACS is an elective that meets every other day for the entire year.

**Primary Resource:**

Topics/Units:	Time Frame:
<b>1. Food, Technology ,Nutrition, Wellness Production</b> <ul style="list-style-type: none"> <li>a. Personal Hygiene</li> <li>b. Kitchen Equipment</li> <li>c. Recipe Reading</li> <li>d. Nutrition Labels</li> <li>e. Food Safety/Sanitation</li> <li>f. Essential Nutrients</li> <li>g. Consumerism</li> </ul>	<u><b>8 weeks</b></u> <ul style="list-style-type: none"> <li>- Week 1</li> <li>- Week 2</li> <li>- Week 3</li> <li>- Week 4</li> <li>- Week 5</li> <li>- Week 6</li> <li>- Week 7</li> </ul>
<b>2. Planning, Organizing and Maintaining an Efficient Home</b> <ul style="list-style-type: none"> <li>a. Laundry</li> <li>b. Cleaning</li> <li>c. Choice Cleaning Board</li> </ul>	<u><b>3 weeks</b></u> <ul style="list-style-type: none"> <li>- Week 9</li> <li>- Week 10</li> <li>- Week 11</li> </ul>
<b>3. Interpersonal Relationships</b> <ul style="list-style-type: none"> <li>a. Family Dining</li> <li>b. Kindness</li> </ul>	<u><b>2 weeks</b></u> <ul style="list-style-type: none"> <li>- Week 12</li> <li>- Week 13</li> </ul>
<b>4. Textiles, Fashion, and Apparel</b> <ul style="list-style-type: none"> <li>a. Basic Sewing Skills</li> </ul>	<u><b>4 weeks</b></u> <ul style="list-style-type: none"> <li>- Weeks 14 - 17</li> </ul>
<b>5. Food Production</b> <ul style="list-style-type: none"> <li>a. Food Decorating</li> <li>b. Garnishing</li> <li>c. Cupcake Challenge</li> </ul>	<u><b>12 weeks</b></u> <ul style="list-style-type: none"> <li>- Week 18</li> <li>- Weeks 19-20</li> <li>- Weeks 21-22</li> </ul>



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<ul style="list-style-type: none"> <li>d. Chocolate</li> <li>e. Herbs and Spices</li> <li>f. Stocks, Soups, Sauces</li> <li>g. Varied Diets</li> </ul>	<ul style="list-style-type: none"> <li>- Weeks 23-24</li> <li>- Weeks 25-26</li> <li>- Week 27</li> <li>- Weeks 28-29</li> </ul>
<ul style="list-style-type: none"> <li>6. Interpersonal Relationships             <ul style="list-style-type: none"> <li>a. Teen Issues</li> </ul> </li> </ul>	<p><b><u>2 weeks</u></b></p> <ul style="list-style-type: none"> <li>- Weeks 30 - 31</li> </ul>
<ul style="list-style-type: none"> <li>7. Community and Life Connections             <ul style="list-style-type: none"> <li>a. Environment</li> <li>b. Reduce, Reuse, Recycle</li> </ul> </li> </ul>	<p><b><u>2 weeks</u></b></p> <ul style="list-style-type: none"> <li>- Week 32</li> <li>- Week 33</li> </ul>
<ul style="list-style-type: none"> <li>8. Consumer and Family Resources             <ul style="list-style-type: none"> <li>a. Consumer Economics</li> </ul> </li> </ul>	<p><b><u>2 weeks</u></b></p> <ul style="list-style-type: none"> <li>- Weeks 34-35</li> </ul>

<b>Course Name:</b> Grade 8 Family & Consumer Science	<b>Department:</b> Related Arts
<b>Grade Level:</b> 8	<b>Duration:</b> All year

**Course Overview:** The eighth grade Family and Consumer Science class students expand on their knowledge of nutrition and expand their skills in the kitchen. Throughout the nutrition unit, we discuss dietary concerns, safety in the kitchen and proper food handling techniques. We research, discuss, and prepare foods from other lands. Students get a chance to learn about entrepreneurship and workplace skills. Other topics of study include ethics, community service, and consumer economics. This course meets every day for a semester, or students can elect to take FACS both semesters.

**Primary Resource:**

Topics/Units:	Time Frame:
<ul style="list-style-type: none"> <li>1. Ethics Character and Values             <ul style="list-style-type: none"> <li>a. Ethics Basics</li> <li>b. Personal Ethics</li> <li>c. Social Ethics</li> <li>d. Workplace Ethics</li> <li>e. Values and Decision Making</li> <li>f. 6 Pillars of Character</li> <li>g. Leadership</li> <li>h. Community Service</li> </ul> </li> </ul>	<p><b><u>8 weeks</u></b></p> <ul style="list-style-type: none"> <li>- Week 1</li> <li>- Week 2</li> <li>- Week 3</li> <li>- Week 4</li> <li>- Week 5</li> <li>- Week 6</li> <li>- Week 7</li> <li>- Week 8</li> </ul>



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<ul style="list-style-type: none"><li>2. <b>Food Production</b><ul style="list-style-type: none"><li>a. <b>Foods of the World</b></li></ul></li> <li>3. <b>Community and Life Connections</b><ul style="list-style-type: none"><li>a. <b>Careers</b></li><li>b. <b>Entrepreneurship Basics</b></li><li>c. <b>Entrepreneurship: Is it for you?</b></li><li>d. <b>Types of Business Ownership</b></li><li>e. <b>Owning and Operating a Business</b></li><li>f. <b>Food Truck Planning</b></li><li>g. <b>Food Truck Simulation</b></li></ul></li></ul>	<p><b><u>18 weeks</u></b></p> <ul style="list-style-type: none"><li>- Weeks 9 - 26</li></ul> <p><b><u>9 weeks</u></b></p> <ul style="list-style-type: none"><li>- Weeks 27-28</li><li>- Week 29</li><li>- Week 30</li><li>- Week 31</li><li>- Weeks 32-33</li><li>- Week 34</li><li>- Week 35</li></ul>
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