

Girls Lacrosse

	Varsity	JV
	Spring Season, March – May (Playoffs roll into June)	Spring Season, March – May (Playoffs roll into June)
Season	Approx 11 weeks, March through May Tournament would potentially take us into June	Approx 11 weeks, March through May Tournament would potentially take us into June
Time	At most 1 partial day, we would need to leave last class early for travel on a game day	At most 1 partial day, we would need to leave last class early on game day
Days	N/A	N/A
Commitment	5 days per week - required 1hr 45min practice, usually set somewhere between 4:45 and 7pm	5 days per week - required 1hr 45min practice, usually set somewhere between 4:45 and 7pm
Notes	If needed, Saturday practice at coach's discretion, 2 hours max Potential make-up game – 2-3 hours	If needed, Saturday practice at coach's discretion, 2 hours max Potential make-up game – 2-3 hours
Competitions	All scheduled competitions are required 10-12 games	All scheduled competitions are required 10-12 games
Length of	2 – 3.5 hours plus travel time	2 – 3.5 hours plus travel time
Commitment	Required: Registration Fee - \$135.00, US Lacrosse Membership fee \$35 Optional: Spiritwear \$ varies	Required: Registration Fee - \$135.00, US Lacrosse Membership fee \$35 Optional: Spiritwear \$ varies
	Sell product for profit to cover non-conference game fees	Sell product for profit to cover non-conference game fees
	-Fall and Winter Ball practices available once a week, 1-2 hours - Keep active with wall ball, pass/catch with a friend, running and/or other workout plans - Captains can organize pick-up games - Encouraged to play other sports in off season	-Fall and Winter Ball practices available once a week, 1-2 hours - Keep active with wall ball, pass/catch with a friend, running and/or other workout plans - Captains can organize pick-up games - Encouraged to play other sports in off season
	Preseason Meeting late February	Preseason Meeting late February

Contact Information: (Bri Marcott, davbri88@gmail.com, 715-965-7092)