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departments/rec](http://www.mtsd.k12.wi.us/departments/rec)**

# **WINTER/ SPRING ACTIVITIES 2023-24**

**PROGRAMS FOR ~  
Adults, Youth &  
Preschool Families.**

# Mequon-Thiensville Recreation Department

## Volunteer Recognition

**Thank You to these individuals for dedicating their time this past Summer/Fall contributing to our community and the children.**

Micah Adams  
Aaron Aizenberg  
Lowell Barkan  
Brian Bartsch  
Derek Beeler  
Mark Beller  
Brandon Blahnik  
Jackie Buday  
Pat Cain  
Theoni Calvert  
Drew Charlesworth  
Mike Costigan  
Patrick Curran  
Tony Curro  
Nicholas Deitch  
Tim Depies  
Amy Eberman  
Laura Fornal  
Lenore Fuller  
Jake Garro  
Stephanie Gayfield  
Jina Gudex  
Carrie Hagerbaumer  
Dan Herbst  
Eric Heidenreiter  
Sara Heidenreiter  
Brett Hirsch  
Michelle Hron  
Todd Huffman  
Ken Jacobsohn  
Matt Junker

Lubna Khan  
Ben Klimek  
Mary Kraft  
Brian Lammi  
Donna Larson  
Mike Laux  
Gloria Leeb  
Jason Levash  
Matt McDowell  
Kerry Meskin  
Don Mullen  
Joe Nelson  
Dmitriy Nudel  
Elizabeth O'Connor  
Steve Olsen  
Jeffrey Owsianny  
Judy Parrish  
Jenessa Pierce  
Aaron Plamann  
James Rinka  
Lorraine Rooney  
Ryan Rudzinski  
Melissa Shneyder  
Rickey Shneyder  
Tammy Smith  
Thadd Stankowski  
Debbie Tye  
Jeremy Weith  
Jennifer Wirth  
Becky Wudy

# Director's Message



## ***Hello Mequon-Thiensville Community Members:***

Thank you for taking time to read this message and for looking through this amazing selection of Winter/Spring opportunities. We have a vast selection of offerings this W/S for all ages. Some of our new and exciting programs include: Skyhawks Sports, Noni's Secret Garden, Family Yoga, Meet the Robots, Retro Fitness, Dry Needling, Woman's Health and Wellness Night Out, Adult Ice Skating, AARP Smart Driver, Pet First Aid, Retirement Planning, Financial Planning Basics, and Cultivating Edible Mushrooms.

The books have closed on a record season of Summer offerings. We registered an all time high 5,100 enrollments AND the first day revenue on March 1 was \$72,000... A record that might not be broken!! Remember to register early in Summer as things fill right away!! We filled most of the youth camp offerings, Summer camp averaged 45-50 per week, adult programming was in full force, and Summer Academy was amazing as always. Our new Summer Academy Coordinator - Beula Sundararajan, did a fantastic job and we thank our MTSD teachers that taught Summer Academy. Discussions and planning on our 2024 Summer Academy program are underway. You will find the Summer Academy info and dates, in this issue on PAGE 53, so that you can plan ahead. We plan to send out a flyer approximately February 1 via email to parents in the community to see the full schedule of Summer Academy offerings. Registrations can start as soon as the flyer goes out with a deadline of April 1 to reach our required minimum per class to run.

Continue to watch for our monthly newsletter that comes to you via email. This newsletter has highlights, info, and classes that might be of interest. We hope you enjoy reading the newsletter as much as we enjoy putting it together for the community.

Currently, our Fall brochure is winding down and will be another record breaking season. Planning for the Summer 2024 brochure is underway and we look forward to another successful Summer. If you have any ideas, suggestions, or concerns, please feel free to reach out to me via email at [mschoemer@mtsd.k12.wi.us](mailto:mschoemer@mtsd.k12.wi.us). Thank you and I look forward to continuing to serve the district and community with exciting programs that will enhance the quality of life for all involved.

Recreationally,

Mike Schoemer - Director of Recreation - CPRP

IMPORTANT – The Summer Brochure hits mailboxes EARLY March. If you would like to know dates of a specific Summer program before then, the Recreation Department will have this info available by EARLY February. Please contact the Rec office at 262-238-7535 to inquire at that time.

Mequon-Thiensville Recreation Department December 2023  
Published three (3) times yearly: March, August, December  
Volume 3 (2023) Issue 19  
Range Line Community Center - 11040 North Range Line Road,  
Mequon, WI 53092

**OFFICE HOURS:** Monday - Friday - 7:30am – 4:00pm  
**CLOSED:** December 25, 26, 27, 28, 29, January 1,  
March 29, May 27

**TELEPHONE NUMBERS:**

Program Information and Cancellations

M-T Recreation Office: (262) 238-7535

Fax: (262) 238-7550

**Michael Schoemer**, Recreation Director  
(262) 238-7536 [mschoemer@mtsd.k12.wi.us](mailto:mschoemer@mtsd.k12.wi.us)

**Michelle Breitigam**, Administrative Assistant  
(262) 238-7535 [mbreitigam@mtsd.k12.wi.us](mailto:mbreitigam@mtsd.k12.wi.us)

**Elisa Salvo**, Kids' Campus and 4K Wrap Director  
(262) 238-7548 [esalvo@mtsd.k12.wi.us](mailto:esalvo@mtsd.k12.wi.us)

**Chris Apel**, Recreation Supervisor  
(262) 238-7537 [capel@mtsd.k12.wi.us](mailto:capel@mtsd.k12.wi.us)

**Beula Sudararajan**, Summer Academy Coordinator  
(262) 238-7657 [bsudararajan@mtsd.k12.wi.us](mailto:bsudararajan@mtsd.k12.wi.us)

**Jamie Love**, Drama Director  
(262) 238-4704 [jlove@mtsd.k12.wi.us](mailto:jlove@mtsd.k12.wi.us)

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**RECREATION ADVISORY COMMITTEE**

Elizabeth O'Connor	Theoni Calvert
Debbie Tye	Melissa Shneyder
Kerry Meskin	Jennifer Wirth
Scott Woehl	

BROCHURE DESIGN BY:  
Yvonne Eynon



**GENERAL INFORMATION**

The information contained herein will enable you and your family to enjoy a season of FUN AND LEARNING.

We hope you will take advantage of the activities listed, and enjoy your involvement in them. Please respect the property, rules and regulations established, and the program supervisors who are there to make the activity personally enjoyable.

If interested in knowing more about any of the listed programs, please contact the Recreation Department. Please note that dates, times and locations listed may be subject to change.

*Mequon-Thiensville Recreation Department*  
**- MISSION STATEMENT -**

The role of the M-T Recreation Department is to create a closer partnership between school and community through greater utilization of school facilities, resources, and improved community relations. Public schools, an important resource in every community, are an integral part of our recreation programming. Utilizing public school resources through recreation and leisure programming expands and enhances lifelong learning opportunities in the community while making maximum use of existing school and community resources. Recreation Department programs are primarily supported by participant user fees.

## RETRO FITNESS DANCE

Follow along with instructor-led easy steps and moves to your favorite rock songs from the '60's, '70's and '80's, to increase your cardio/aerobic range, and provide muscle stretch & tone. The fun and fitness are non-stop! Bring your "Blue Suede Shoes" energy.

Day: Fridays  
 Time: 9:00am - 10:00am  
 Location: Range Line Community Center – Gym  
 Min/Max: 7/24

**Registration:** **Deadline is one week before the start date.**

Instructor: Nancy Weiss McQuide, M.S., previously taught dance at UW-Milwaukee, Concordia University and the Milwaukee Rep Theatre Education Department.



### **Session I:**

Dates: April 5, 12, 19 & 26 May 3 & 10 (4/12 in cafeteria) (6 weeks)

**Course #:** 222053

Fee: Resident \$45/Non-Resident \$55

## BALANCE & CORE

This functional exercise class will help you improve your balance and strengthen your core. Exercises to increase leg strength, endurance and flexibility will be performed seated and standing using your body weight. This is a senior fitness class, yet open to all. **Please bring light hand weights and water if needed.**

Location: Range Line Community Center – Cafeteria  
 Day: Thursdays  
 Time: 1:30pm - 2:30pm  
 Min/Max: 8/16

**Registration:** **Deadline is one week before the start date.**

Instructor: Leigh Rehorst is a certified teacher and has practiced for over 9 years

### **Session I:**

Dates: January 11 - March 14 (Skip 2/15) (9wks)

Fee: Resident \$90/Non-Resident \$100

**Course #:** 222039

### **Session II:**

Dates: April 4 - May 30 (9wks)

Fee: Resident \$90/Non-Resident \$100

**Course #:** 222040



## Beginner Tai Chi

**New to Tai Chi?** Join our Tai Chi Community! This is a traditional Chinese exercise, practiced for relaxation, balance, strength and flexibility. In class students will: 1) Warm-up, 2) Learn basic forms, 3) Cool down/ Meditate. Tai Chi does not impact the joints of the body. There are evidence-based positive cardiovascular, immune system, and mental wellness effects. Re-align, enhance strength and balance, make new friends and harmonize with us on Tuesday afternoons.

Days: Tuesdays  
 Location: Range Line Community Center - Cafeteria  
 Time: 1:30pm - 2:30pm  
 Dates: February 13 - April 30 (12wks)  
**Course #:** 222054  
 Fee: Resident \$120/Non-Resident \$130  
 Min/Max: 8/20

**Registration:** **Deadline is one week before the start date.**

Instructor: K.T. Rusch is a certified teacher from the Tai Chi Center of Milwaukee, where she has studied and practiced for over 23 years. Her classes are known for a personal touch, a sense of humor and a very special Tibetan Singing Bowl Meditation that closes each class.



## CONTINUING TAI CHI

This class is open to students who **completed the Fall 2023 Continuing class**. We will study and practice the second half of Yang's CMC 37 form! The first three weeks will include a review and start new forms. The following 8 weeks we aim to complete the form. Come early for warm-ups, questions and discussion!

Days: Thursdays  
 Location: Range Line Community Center - Cafeteria  
 Time: 9:00am - 10:00am  
 Dates: February 22 - May 2 (11wks)  
**Course #:** 222056  
 Fee: Residents \$110/Non-Residents \$120  
 Min/Max: 6/20  
**Registration:** **Deadline is one week before the start date.**  
 Instructor: K.T.Rusch is a certified teacher from the Tai Chi Center of Milwaukee.



## DANCE AEROBICS – CARDIO WORKOUT

*Cardio blasting workout that is fun with great music!!*

Would you like to look good and feel great? This fun class will help you to get in shape and stay healthy. The benefits you'll experience from consistent exercise are numerous. This class is a total body workout including a warm-up, upper body conditioning, aerobic segment, cool down, mat work and a final stretch. The choreography is great and the variety of music is easy to dance to. Burn calories, build endurance and have **FUN** while getting fit. We have central air, so you can work out comfortably year round. High and low levels are shown so you can work at your own pace. Wear comfortable workout clothes and shoes. **Please bring your own mat and hand weights. Your body and your mind will love you for it!! All sessions are 8 weeks long.**

Prerequisite: None  
 Ages: 18 and above  
 Location: Range Line Community Center Gym in Mequon – **AIR CONDITIONED!!**  
 Days: Mondays and Wednesdays  
 Time: 6:00pm - 7:00pm

### **Session I:**

Dates: January 8 - February 28  
 (2/19 in cafeteria)

Course #: **229001**

### **Session II:**

Dates: March 4 - April 24 (4/1, 8 &  
 10 in cafeteria)

Course #: **229002**

### **Session III:**

Dates: April 29 - June 19 (Skip 5/27)

Course #: **329072**

Fee: Resident \$65/Non-Resident \$75  
 each session

Min/Max: 15/24

**Registration: Complete M -T Recreation Form and submit to the Recreation office one week prior to starting date for each session. Late registrations accepted. Sorry, no pro-rating.**

Instructor: Connie Cibik, Certified Instructor

## SENIOR DANCE AEROBICS

Join us to get in shape and stay healthy! This is a fun and friendly class that combines a cardio warm-up, an aerobic dance segment, a cool down, upper body conditioning, mat work, and a final stretch. The choreography is easy to learn, and the variety of music will inspire you to move! High and low levels are shown so you can work at your own pace. Wear comfortable clothes and athletic shoes, and bring your own mat and hand weights. **We'd love to meet you!**

Day: Mondays & Wednesdays  
 Time: 9:00am - 10:00am  
 Location: Range Line Community Center –  
 Gym

### **Session I:**

Dates: January 8 - February 28 (8wks)

Course #: **222023**

Fee: Resident \$67/Non-Resident \$77

### **Session II:**

Dates: March 4 - May 1 (Skip 4/1 & 4/3)  
 (8wks)

Course #: **222046**

Fee: Resident \$67/Non-Resident \$77

### **Session III:**

Dates: May 6 - June 12 (Skip 5/27) (6wks)

Course #: **222047**

Fee: Resident \$50/Non-Resident \$60

Min/Max: 15/24

**Registration: Deadline is one week before the start date.**

Instructor: Carol Foss – Questions?  
 414-628-6443  
[/fosscp@gmail.com](mailto:fosscp@gmail.com)



## Morning Gentle Yoga

Enjoy a light, gentle flow-style of Hatha Yoga to help release tension and fatigue with this mind/body experience to promote well-being. This class offers a chance to unwind and improve mobility – with calming yet energizing exercises to improve posture, circulation, balance, range-of-motion and strength while promoting tranquility. It's always advised that your doctor be consulted before starting yoga or any new form of exercise. Yoga mats, blocks, straps are available for use if needed.

**Bring to class if desired:** Yoga mat, pillow for support if needed, blanket if desired, and water to stay hydrated is always a good idea.

**Wear to class:** comfortable stretchy clothes and we remove shoes for class. *Sessions run 7 weeks.*

Location: Range Line Community Center – Gym  
Day: Mondays  
Time: 10:30am - 11:30am  
Min/Max: 6/20

**Registration:** **Deadline is one week before the start date.**

Instructor: Erica Boos - RYT (registered yoga teacher through Yoga Alliance with over 200 hours of teacher training).

**Session I:**

**Course #:** 222059

Dates: January 8 - February 19 (2/19 in cafeteria)

Fee: Resident \$74/Non-Resident \$84

**Session II:**

**Course #:** 222070

Dates: March 4 - April 15 (4/1 in cafeteria)

Fee: Resident \$74/Non-Resident \$84

**Session III:**

**Course #:** 222071

Dates: April 22 - June 10 (Skip 5/27)

Fee: Resident \$74/Non-Resident \$84

## Chair Yoga

**Beginning level class for those needing more assistance and less rigor with chair support.**

Chair Yoga is a gentle mostly-seated yoga exercise benefiting body, mind and spirit. This class format offers improvement for joint mobility and flexibility, circulation and core strengthening and better balance both physically and mentally. Perfect for those that need more assistance and less rigor of a traditional yoga mat class. Enjoy all the mind-body benefits of yoga but with the support and comfort of a chair. This class blends restorative Hatha yoga flows and postures, breath work, and guided meditation to help improve balance, range of motion, alignment and help relieve tension leaving participants feeling relaxed and invigorated. Dress comfortably and come ready to learn breathing and movements to restore and renew your whole self! *Sessions are 7 weeks.*

**Note for class:** Yoga mats aren't necessary unless you have one and prefer to lie for relaxation time. Wear comfortable, stretchy clothes. Shoes are removed for class. It's always a good idea to consult your doctor before starting a new exercise routine including yoga and it should never replace regular medical care.

Location: Range Line Community Center – Room #107  
Days: Mondays  
Times: 12:00pm - 1:00pm  
Min/Max: 8/18

**Registration:** **Deadline is one week before the start date.**

Instructor: Erica Boos – RYT registered yoga teacher through Yoga Alliance with over 200 hours Yoga Fit Certified training.

**Session I:**

**Course #:** 222031

Dates: January 8 - February 19

Fee: Resident \$74/Non-Resident \$84

**Session II:**

**Course #:** 222032

Dates: March 4 - April 15

Fee: Resident \$74/Non-Resident \$84

**Session III:**

**Course #:** 222033

Dates: April 22 - June 10 (Skip 5/27)

Fee: Resident \$74/Non-Resident \$84



## **ADULT MORNING (AM) FITNESS PROGRAM**

The Homestead High School Swimming Pool and Fieldhouse (walkers) will be open from 5:30am until 6:50am Monday – Friday. The Fitness Center at the High School will also be available for morning workout enthusiasts. Lockers and shower facilities are available for use. Please bring your own towel and lock to secure your valuables. There is no fee for the use of the facilities and you must be a resident of Mequon-Thiensville. There will be a lifeguard in the pool and a supervisor in the Fieldhouse checking residency. Parking is available in the northwest lot near the Fitness Center Entrance. Enter the building through Door 20 (Fitness Center Entrance).

### **WALKING AT RANGE LINE**

Every Monday through Friday, you may walk the halls at Range Line Community Center between the hours of 8:00am to 3:30pm



### **SHARE YOUR PASSION, SHARE YOUR SKILLS DO YOU HAVE A HIDDEN TALENT YOU WANT TO SHARE?**

We are looking for people with a passion to share and transfer the skills and knowledge onto others. The Mequon-Thiensville (M-T) Recreation Department offers a wide variety of programs and classes for all ages, but we still strive to provide more for the community we serve. If you have a passion for an activity, fitness or a craft/hobby and want to share that with others, we want to hear from you. Share that knowledge and skills you have developed with others, be it youth or adults. Contact the Recreation Dept. at 262-238-7535. Whether you want to volunteer your skills or desire to start a side career, there are opportunities that can be explored at M-T Recreation.

## ADULT ICE SKATING

A fun and positive experience that will instill and/or help you continue a lifelong love of ice skating. The Adult Ice Skating class is designed for both beginning and experienced ice skaters who desire to improve their skating skills or who would like to learn how to skate. Ice skating is an enjoyable part of a fit and healthy lifestyle. It improves balance and coordination while promoting physical fitness.

**Equipment:** Bike or ski helmets are suggested. Warm clothing, gloves or mittens. Ice Skates. USM has ice skates in some adult sizes for participants to borrow. There is no fee for borrowing skates, but call ahead to reserve a pair.

**Location:** University School of Milwaukee - Polly and Henry Uihlein Sr. Ice Arena  
(2100 West Fairy Chasm Rd., River Hills)

**Registration:** **Deadline is one week prior to the start date.**

**Instructor:** USM Learn to Skate Program Coaches



<b>Saturday Dates:</b>	<b>Times:</b>	<b>Fee:</b>	<b>Course #:</b>
Jan 27-Feb 24	8:45 - 9:30am	Resident \$110/Non-Resident \$120	<b>229014</b>
<b>Tuesday Dates:</b>	<b>Times:</b>	<b>Fee:</b>	<b>Course #:</b>
Jan 23 - Feb 20	9:30 - 10:15am	Resident \$110/Non-Resident \$120	<b>229015</b>

## ADULT BEGINNERS ARCHERY

Gain general knowledge of Archery from basic beginner to the more advanced target and hunting archery. Andy Steinman will help to teach proper form and technique as well as safe practices to make the sport enjoyable. Please bring your own bow and arrows if you have them.

**Ages:** 15 years old and up

**Day:** Tuesdays

**Dates:** April 16, 23, 30, May 7 & 14

**Time:** 6:15pm - 7:15pm

**Location:** Lakeshore Middle School Archery Range - Behind building on the grass area

**Course #:** **229043**

**Fee:** Resident \$60/Non-Resident \$70

**Min/Max:** 3/14

**Deadline:** **One week prior to the start of class.**

**Instructor:** Andy Steinman - NASP BAI and S3DA Certified

## BADMINTON

Great physical conditioning and a lot of fun. Badminton players will be paired with others that have a compatible skill level and play games weekly. Due to the nature of this class, it is recommended that participants play at an intermediate to advanced level. Beginning players are welcome, however, individual instruction may not always be available. Rackets will be furnished or you may bring your own. Shuttlecocks will be provided. Provide your email address on your registration form to receive information regarding changes in the schedule.

**Location:** Whitefish Bay High School - Field House

**Note:** Cancellations may happen due to school events in the Fieldhouse. Best efforts will be made to make up canceled dates.

**Day:** Wednesdays

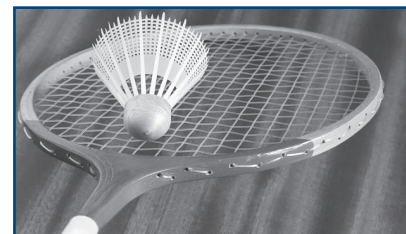
**Dates:** January 10 - May 29 (Skip 1/17)

**Times:** Jan 10 - March 6: 8:00-10:00 pm  
March 13 - May 29: 7:30pm - 9:30pm

**Fee:** Resident \$60/Non-Resident \$70

**Supervisor:** WFB Recreation Instructor

**Course #:** **229053**



# PICKLEBALL

Yes, PICKLEBALL – the fun game with the funny name, is one of the fastest-growing sports in the nation! Created in the backyard of Washington Congressman Joel Pritchard in 1965, it is a combination of badminton, tennis and table tennis, and is enjoyed by all age groups. Using a badminton-size court, tennis-height net, table tennis-type paddle, and a baseball-sized wiffle ball, usually played by doubles, this game has few rules and is far less strenuous than tennis. It is easy to learn and provides plenty of exercise and eye-hand coordination; a game of strategy for both men and women, you don't have to be tall and powerful. Want to watch a video? Go to [www.USAPA.org](http://www.USAPA.org), click on link "What is Pickleball?" under Training and Court Info link or sit in on any Tuesday, Thursday, Friday or Saturday open court session to see if you'd like it.

**11:30am - 1:00pm on Tuesdays  
AND  
11:30am - 1:00pm on Thursdays  
Are reserved for Beginner Lessons ONLY**

**\*THERE WILL BE A \$5 "DROP-IN" FEE FOR EACH BEGINNER LESSON**

Instructor: Lowell Barkan, 5 years of instructor experience  
 Days: Tuesdays, Thursdays, Fridays & Saturdays  
 Location: Range Line Community Center - Gym  
 Fee: Residents \$40/Non-Residents \$45/Drop-in \$5  
 10 - play punch card, does not expire but the participant is responsible for bringing and punching their card each time they play. Cards can be purchased in the Recreation Office, Monday - Friday, 8:00am - 4:00pm

	<u>Dates:</u>	<u>SKIP Dates:</u>
<b>Tuesdays, 1:00pm - 3:00pm</b>	Jan 2 - May 28	2/20, 4/2, 4/9
<b>Thursdays, 1:00pm - 3:00pm</b>	Jan 4 - May 30	2/15, 4/11
<b>Fridays, 6:30pm - 8:30pm</b>	Jan 5 - May 31	3/29, 4/12
<b>Saturdays, 8:30am - 10:30am</b>	Jan 6 - May 25	4/13
<b>Saturdays, 10:30am - 12:30pm</b>	Jan 6 - May 25	4/13



### **ADULT American Red Cross Lifeguarding Certification, Blended Learning**

Are you interested in giving back to your community? This course offers the opportunity for adults that have a little extra time on their hands to be a part of the solution to saving many aquatic programs in the area. This American Red Cross Lifeguard course will cover the knowledge and skills to get your lifeguard, CPR/AED and first aid certifications. Successful completion of the course earns you a 2-year, nationally recognized certification in Lifeguarding/First Aid/CPR/AED. This course is run at a slower pace to allow for more practice time and full understanding before moving on. Please understand that this course is a blended learning course, therefore a computer is required, but will work with you to ensure you have access. Participants must complete all online assignments prior to the start of class. Certification is not guaranteed as participants must score above an 80% on a written test and pass an in-water skills test. There is a mandatory pretest on the first day of class. Please bring a swimsuit, towel and snacks each meeting day. **Class meets Friday April 5 from 5:30 – 9:00 PM, Saturday April 6 from 8:00 AM – 4:00 PM, and Sunday April 7 from 9:00 AM – 1:00 PM**

Age: Minimum 15  
 Dates: Friday, Saturday and Sunday, April 5th- April 7th  
 Times: See description  
 Location: Shorewood High School Conference Room and VHE Pool  
 1701 E Capitol Dr, Shorewood, WI 53211  
 Fee: Resident - \$200/Non-Resident - \$250  
 Instructor: Perry Perkins, Lydia Leipzig, Cassandra Rodriguez - Red Cross Certified  
**Course #:** 229046  
 MAX: 2

### **ADULT American Red Cross Lifeguarding Certification, Blended Learning**

Are you interested in giving back to your community? This course offers the opportunity for adults that have a little extra time on their hands to be a part of the solution to saving many aquatic programs in the area. This American Red Cross Lifeguard course will cover the knowledge and skills to get your lifeguard, CPR/AED and first aid certifications. Successful completion of the course earns you a 2-year, nationally recognized certification in Lifeguarding/First Aid/CPR/AED. This course is run at a slower pace to allow for more practice time and full understanding before moving on. Please understand that this course is a blended learning course, therefore a computer is required, but will work with you to ensure you have access. Participants must complete all online assignments prior to the start of class. Certification is not guaranteed as participants must score above an 80% on a written test and pass an in-water skills test. There is a mandatory pretest on the first day of class. Please bring a swimsuit, towel and snacks each meeting day. **Class meets Friday May 17 from 5:30 – 9:00 PM, Saturday May 18th from 8:00 AM – 4:00 PM, and Sunday May 19 from 9:00 AM – 1:00 PM**

Age: Minimum 15  
 Dates: Friday, Saturday and Sunday, May 17th – May 19th  
 Times: See description  
 Location: Shorewood High School Conference Room and VHE Pool  
 1701 E Capitol Dr, Shorewood, WI 53211  
 Fee: Resident - \$200/Non-Resident - \$250  
 Instructor: Perry Perkins, Lydia Leipzig, Cassandra Rodriguez - Red Cross Certified  
**Course #:** 229047  
 MAX: 2

## OLD FAMILY PHOTOS

Your old family photos prints and slides can be converted to digital picture files – whether you have a computer or not - for a multitude of digital uses and sharing. This two-hour seminar covers scanning prints and slides, workflow, and how to get and stay organized. Information on computer use is for Windows PC computers.

Location: Range Line Community Center - Conference Room  
Day: Wednesday  
Date: January 10  
Time: 6:30pm - 8:30pm  
**Course #:** 222025  
Fee: Resident \$25/Non-Resident \$35  
Min/Max: 4/30  
Registration: **Deadline is one week before the start date.**  
Instructor: CT Kruger, Seat of Pants Production



## OUTDOOR SKILLS

Enjoy the out-of-doors and hone your outdoor skills! This class is for any experience level, and will cover safe fire starting, propane stoves, tents, cooking a meal and responsible clean up. Together, we will cook a meal outside. It can also include knots, pocket knives, charcoal fires, beginning back-country skills, or other subjects you have interest in. All participants will have lots of hands-on practice, so each person attending should register and pay.

Ages: Ages 9-14 should attend with an adult and both child and parent should register and pay, Ages 15-99 are welcome and can register as an individual  
Day: Saturday  
Date: April 13  
Time: 10:00am - 1:00pm  
Location: Homestead High School Outdoor Classroom and Fire Circle  
Park in the parking lot next to the tennis courts - walk around the softball diamond to the backwoods.  
Fee: Resident \$17/Non-Resident \$27 (each attendee must register and pay)  
**Course #** 212009  
Min/Max: 2/10 (counting each registered person, ie if a child and adult attend, that counts as 2)  
Instructor: Nancy Urbani, Girl Scouts for over 35 years, GSWISE Outdoor Skills Facilitator, former Cub Scout Den Leader.

## “CUTTING THE CORD - CONTROLLING CABLE & INTERNET COSTS”

Fees for cable television, home internet, smartphones and streaming services can quickly add up to hundreds of dollars. This seminar reviews your options to cut costs and still watch television programs and have internet access on your devices. C.T. Kruger has more than 35 years experience producing news, feature and sports photography and video for Community Newspapers Inc. / NOW Newspapers and the Oconomowoc Enterprise in southeastern Wisconsin. These skills and insights have been translated into technology seminars and hands-on workshops for communities.

Location:	Range Line Community Center - Room #108	Fee:	Resident \$25/Non-Resident \$35
Day:	Wednesday	Min/Max:	4/24
Date:	April 10	<b>Registration:</b>	<b>Deadline is one week before the start date.</b>
Time:	6:30pm - 8:30pm	Instructor:	CT Kruger, Seat of Pants Production
<b>Course #:</b>	<b>222026</b>		



## iPhone/iPad Tips & Tricks

This hands-on class is specific to Apple iPhone, iPad tablets and iPad Mini devices. Learn tips, tricks and techniques to navigate, organize, backup and add useful apps to your iPhone, iPad or iPad mini device.

Location:	Range Line Community Center - Conference Room	Fee:	Resident \$25/Non-Resident \$35
Day:	Wednesday	Min/Max:	4/30
Date:	April 17	<b>Registration:</b>	<b>Deadline is one week before the start date.</b>
Time:	6:30pm - 8:30pm	Instructor:	CT Kruger, Seat of Pants Production
<b>Course #:</b>	<b>222027</b>		



## THE CAMERA IN YOUR SMARTPHONE

It's a camera, it's a photo album, it's a television - it's your phone. Learn about apps, tips, tricks and limitations for pictures and video from iPhone and Android smartphones and tablets. This class will cover your device's camera, home and Cloud storage options, printing and more.

Location:	Range Line Community Center - Conference Room	Fee:	Resident \$25/Non-Resident \$35
Day:	Wednesday	Min/Max:	4/24
Date:	April 24	<b>Registration:</b>	<b>Deadline is one week before the start date.</b>
Time:	6:30pm - 8:30pm	Instructor:	CT Kruger, Seat of Pants Production
<b>Course #:</b>	<b>222028</b>		



## PICTURES IN YOUR CAMERA - NOW WHAT?

We have hundreds - if not thousands - of pictures in our cameras, smartphones and computers. Now what...? This two hour seminar teaches techniques to save pictures from cameras and smartphones to a computer, to external devices and to “the Cloud” using Windows 10 PCs.

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Location:	Range Line Community Center - Conference Room	Fee:	Resident \$25/Non-Resident \$35
Day:	Wednesday	Min/Max:	4/30
Date:	May 1	<b>Registration:</b>	<b>Deadline is one week before the start date.</b>
Time:	6:30pm - 8:30pm	Instructor:	CT Kruger, Seat of Pants Production
<b>Course #:</b>	<b>222029</b>		



# FREEZER MEAL WORKSHOP

Are you tired of stressing over the question, "What's for dinner?" then this freezer meal class is for you! Once you try this concept you will never want your freezer empty again.

Take the shopping and chopping out of mealtime! Assemble 4 meals in less than an hour. Instructor will provide all necessary supplies and prepped ingredients (except the protein). Participants will add ingredients and spices to freezer bags. Once home, participants can add their own meat to the meal, if desired.

Time: 6:00pm - 7:00pm

Day: Tuesdays

Location: Range Line Community Center – Cafeteria

Min/Max: 2/15

**Registration:** **Deadline is one week before the start date.**

Due to ordering food supplies, no refunds can be given one week before class.

Instructor: Kristy Markeland

**Fee:** **Resident \$50/Non-Resident \$60** **Course #: 222088**

Theme: Soups On

Date: January 16

Recipes: Creamy Vegetable Soup, Minestrone Zuppa, Street Corn Chowder, Creamy Sausage Tortellini

**Fee:** **Resident \$50/Non-Resident \$60** **Course #: 222089**

Theme: Cozy Crock Pot

Date: February 13

Recipes: Philly Style Cheesesteak Lasagna, Soup Honey Garlic Chicken & Veggies, Souvlaki (gyros)

**Fee:** **Resident \$50/Non-Resident \$60** **Course #: 222090**

Theme: Freezer Fiesta

Date: March 26

Recipes: Chicken Tortilla Soup, Taco Pasta, Smothered Fritos Bowls, Tater Taco Casserole

## INDIAN FOOD MADE EASY

Indian food seems to be a difficult cuisine to learn due to all the various spices. Attend this hands-on, vegetarian class and learn how easy it really is to make delicious food in no time at all.

Location: Nicolet High School - Room B133  
6701 N Jean Nicolet Rd, Glendale, WI 53217

Date: April 10

Day: Wednesday

Time: 6:00pm - 7:30pm

Fee: Resident \$45/Non-Resident \$55

**Course #:** **229018**

Min/Max: 1/5

**Registration:** **Deadline is one week before the start date.**

Instructor: Susan Pack



## INDIAN FOOD AS MEDICINE

There is no mystery about the healing qualities of Indian spices. In this hands-on class, you will learn why the food we cook in this class is very healing and why it's important to keep these recipes in your weekly or monthly food rotation.

Location: Nicolet High School - Room B133  
6701 N Jean Nicolet Rd, Glendale, WI 53217

Date: May 9  
Day: Thursday  
Time: 6:00pm - 7:30pm

Fee: Resident \$45/Non-Resident \$55

**Course #:** 229019

Min/Max: 1/5

**Registration:** **Deadline is one week before the start date.**

Instructor: Susan Pack



## CULTIVATING EDIBLE MUSHROOMS MADE EASY

Cultivating your own edible mushrooms is easy, very low cost and fun to do. And with some mushroom species, no tools are needed. Delicious mushrooms like Shiitake, Oyster, Chestnut, and Wine Cap Stropharia can be easily grown on your property and garden beds. All you need is some mushroom spawn, logs cut from live trees and/or deciduous wood chips. In this class, we will learn all about the process in a colorful and informative PowerPoint presentation. Q & A session follows. Class includes printed instructions and other important information you can take home so you can start cultivating your own mushrooms this spring.

**About the presenter:** Steve Shapson has been involved in non-commercial mushroom cultivation and foraging for over 20 years, teaching local garden clubs, friends, and families mushroom cultivation. A former president of the Wisconsin Mycological Society, Steve does cooking demos at the annual WMS Fungi Fair. Steve teaches at Nicolet HS 3-4 times a year and enjoys cooking fresh pasta with mushrooms they cultivate and forage.

Location: Nicolet High School - Room B133

Day: Thursday

Date: January 11

Time: 6:00pm - 7:30pm

Fee: Resident \$35/Non-Resident \$45

**Course #:** 229044

Min/Max: 1/3

Instructor: Steve Shapson, 15 years experience in instructing the culinary art






# CHARCUTERIE WORKSHOP

Create your very own charcuterie board with Charcuter-Me! During this hands-on workshop, we will guide you step-by-step on how to create a charcuterie board, chat about what pairs well with the cheeses, give tips and tricks, and save time for question/answer sessions throughout the event. By the end of the event you will have created a beautiful board to show off, and you will learn a life skill that will transform you into the best host!

Location: Cafe Hollander  
5900 W Mequon Rd, Mequon  
Fee: Resident \$80/Non-Resident \$90  
\*Fee includes cheese kit and supplies.  
Cash Bar available.  
Min/Max: 6/20  
Deadline: One week prior to the start of class.  
Instructor: Amanda Mattefs, Owner of Charcuter-Me



Date:	Day:	Time:	Course #:
February 22	Thursday	7:00pm - 8:30pm	222030

# Rustic Sourdough Bread

Our ancestors ate mostly fermented foods, including bread which was leavened using various strains of healthy bacteria & baked in a cast iron pot over an open fire. Making sourdough bread is easy, healthy and delicious. This class includes all aspects of sourdough bread baking: the Starter, Flours, Salting, Hydration ratios, the Leaven, the Autolyse, Kneading/resting/stretching, Proofing, (baskets/Bannetons), the Rise, Etching, Dutch oven baking, the Crumb & the Crust. A sourdough starter is included so you can make great sourdough bread at home. We will make a wonderful sourdough bread using steel cut oats (for texture) and three types of King Arthur Flours. We'll taste baked bread along with butter and honey from Steve's Bees. Course documents, pens & note paper will be supplied.

Steve will demonstrate the bread making process since time restraints do not allow for a 'hands on' workshop.

Location: Nicolet High School - Room B133  
Day: Thursday  
Date: March 14  
Time: 6:00pm - 7:30pm  
Fee: Resident \$35/Non-Resident \$45  
**Course #:** 229045  
Min/Max: 1/3  
Instructor: Steve Shapson, 15 years experience in instructing the culinary arts-sourdough is his latest passion



## DRY NEEDLING

Come learn about Dry Needling, a revolutionary pain relieving procedure. Intramuscular Dry Needling treatment is directed at myofascial trigger points, related to the maintenance of the pain cycle. Trigger points are known to be involved in acute and chronic, localized and widespread pain including common conditions such as migraine headaches, fibromyalgia, achilles tendonitis, sciatica and tennis elbow. Dry Needling has been proven to reduce muscle tension, promote healing and increase range of motion. All attendees will receive a complimentary Dry Needling session.

Days: Tuesday  
 Date: April 23  
 Time: 5:00pm - 6:30pm  
 Location: Range Line Community Center - Conference Room  
 Fee: Resident \$10/Non-Resident \$20  
 Min/Max: 5/16  
**Course #:** 222048  
**Registration:** **Deadline is one week before the start date.**  
 Instructor: Scott Coonen, PT, CMTPT of Freedom PT



## Adult Conversational Spanish - Beginner Part 2

### LIVE VIRTUAL CLASS

**Learning a language is a lifelong journey and now you are on your way!** Keep up the momentum in Beginner Spanish Part Two. Participants will continue with practical conversational components and builder phrases in Spanish enabling them to carry on small conversations related to giving and asking for directions and restaurant conversation. Vocabulary and grammar components will include weather, seasons, dates with months, days of the week, family vocabulary along with the verbs ser and tener conjugations. Culture discussions will include the importance of food, family, and friendships in Spanish speaking countries. **Applicable to new students and previous Beginner Part 1 Spanish conversation participants. Choose the day below that works for you.** Open to ages 18+

Day: Mondays  
 Dates: February 19, 26, March 4, 11, 18, 25  
 Time: 6:00pm - 7:00pm  
 Location: VIRTUAL FORMAT - Will get email from Futura with login info  
 Fee: Resident \$115/Non-Resident \$125  
**Course #:** 222067  
 Min/Max: 8/no max  
 Instructor: Futura Language Professionals

Day: Tuesdays  
 Dates: February 20, 27, March 5, 12, 19, 26  
 Time: 6:00pm - 7:00pm  
 Location: VIRTUAL FORMAT - Will get email from Futura with login info  
 Fee: Resident \$115/Non-Resident \$125  
**Course #:** 222068  
 Min/Max: 8/no max  
 Instructor: Futura Language Professionals



## Adult Conversational Spanish - Intermediate Part 2

### LIVE VIRTUAL CLASS

¿Quieres hablar más Español? Then this course is for you! Continue building on previous Spanish skills to further develop conversational abilities in the language which will include expressing recommendations and comparisons. Real life scenarios will be introduced, and role played in Spanish to ensure a dynamic and interactive learning environment. Participants will also be delving into more complex grammatical instruction and vocabulary to create full sentences in Spanish. This will include present tense conjugation with ER & IR verbs, hobbies, sports, and workplace vocabulary in Spanish. Exciting culture discussions are related to music, dance, and famous people in Spanish speaking countries. **Applicable to students who completed Intermediate Spanish Part 1 or previous Beginner Spanish Part 2 conversation participants.** Open to ages 18+

Date:	February 21, 28, March 6, 13, 20, 27	Fee:	Resident \$115/Non-Resident \$125
Day:	Wednesdays	Course #:	222072
Time:	6:00pm - 7:00pm	Min/Max:	8/no max
Location:	VIRTUAL FORMAT - Will get email from Futura with login info	Instructor:	Futura Language Professionals

## Adult Conversational Spanish - Advanced Part 2

### LIVE VIRTUAL CLASS

¿Quieres ampliar tu Español? Then this is the course for you! Students will expand their skills learning new complex grammatical concepts and sentence structures. Challenge yourself and build your language expertise with an overview of the subjunctive in Spanish. The Spanish subjunctive is a special verb form used to express uncertainty, possibility, mood, and expressions. **Applicable to students who completed Advanced Spanish Part I or have had more than two years of the Spanish language.** Open to ages 18+

Date:	February 22, 29, March 7, 14, 21, 28	Fee:	Resident \$115/Non-Resident \$125
Day:	Thursdays	Course #:	222073
Time:	6:00pm - 7:00pm	Min/Max:	8/no max
Location:	VIRTUAL FORMAT - Will get email from Futura with login info	Instructor:	Futura Language Professionals



## Adult Spanish For Travel

### LIVE VIRTUAL CLASS

**Do you have future aspirations for traveling to a Spanish speaking country?** - If so, this is the class for you! Participants learn basic conversation skills to get around a Spanish-speaking country with greater ease. This class will include helpful dialogue, greetings, how to barter at a market and order in a restaurant, and how to ask for simple directions. Each class will include a travel related theme to practice real world Spanish! Like all Futura classes, a dynamic and interactive approach will be used to keep the class fun and exciting! **Applicable to new students and previous Spanish conversation participants.**

Day:	Thursdays	Fee:	Resident \$115/Non-Resident \$125
Dates:	February 22, 29, March 7, 14, 21, 28	Min/Max:	8/no max
Time:	6:00pm - 7:00pm	Instructor:	Futura Language Professionals
Location:	VIRTUAL FORMAT - Will get email from Futura with login info	Course #:	222069

# ACBL Bridge Lesson Program

## DIAMOND SERIES CLASS

*This 10 week class* focuses on the fundamentals of Declarer play emphasizing a process of careful planning and covers basic techniques of developing extra tricks, common pitfalls to avoid and proper timing of play choices. Familiarity with basic bidding techniques is necessary. Review of defense techniques will also take place. This class requires a textbook which is available for purchase from the instructor.

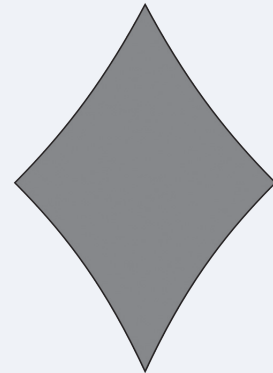
Day: Tuesday  
 Dates: January 9 - March 12  
 Time: 1:00pm - 3:00pm  
 Location: Range Line Community Center - Room 107  
**Course #:** **222061**  
 Fee: Resident \$90/Non-Resident \$100  
 Min/Max: 12/24  
**Deadline:** **Two weeks prior to the start of class.**  
 Instructor: Yvette Neary, ACBL Accredited, Emerald Life Master,  
 414-526-9035/[yneary@gmail.com](mailto:yneary@gmail.com)



## DIAMOND SERIES PRACTICE CLASS

Practice and focus on playing hands based on concepts learned in the Diamond Series Class. *This is a 6 week class.*

Day: Tuesday  
 Dates: March 26 - May 7 (Skip 4/16)  
 Time: 1:00pm - 3:00pm  
 Location: Range Line Community Center - Room 107  
**Course #:** **222062**  
 Fee: Resident \$56/Non-Resident \$66  
 Min/Max: 12/24  
**Deadline:** **One week prior to the start of class.**  
 Instructor: Yvette Neary, ACBL Accredited, Emerald Life Master,  
 414-526-9035/[yneary@gmail.com](mailto:yneary@gmail.com)



## COMMONLY USED CONVENTIONS

This course is an introduction to conventions and treatments that players are likely to encounter in competitive bridge games. Although the material is primarily designed for students who have come up through the ACBL Bridge Series it should appeal to players from various backgrounds. Students should be familiar with the basics of the game – bidding, play and defense. Some of the topics that are covered are Stayman, Jacoby Transfers, Jacoby 2NT, Fourth Suit Forcing, and Weak Two Bids. This class runs for 10 weeks. A student text is available for purchase from the instructor.

Days: Tuesdays  
Time: 9:00am - 11:00am  
Location: Range Line Community Center - Room 107  
Dates: January 9 - March 12  
Fee: Resident \$90/Non-Resident \$100  
Min/Max: 12/28  
**Course #:** 222082  
**Registration:** **Deadline is two weeks before the start date.**  
Instructor: Yvette Neary, ACBL Accredited, Emerald Life Master,  
414-526-9035/[yneary@gmail.com](mailto:yneary@gmail.com)

## CONVENTIONS PRACTICE PLAY SESSIONS

This class is for bridge players who have completed the Commonly Used Conventions Series. It focuses on playing hands based on concepts learned in the Conventions class. These lessons run for 8 weeks.

Days: Tuesdays  
Time: 9:00am - 11:00am  
Location: Range Line Community Center - Room 107  
Dates: March 26 – May 21 (skip 4/16)  
Fee: Resident \$74/Non-Resident \$84  
Min/Max: 12/28  
**Course #:** 222083  
**Registration:** **Deadline is two weeks before the start date.**  
Instructor: Yvette Neary, ACBL Accredited, Emerald Life Master,  
414-526-9035/[yneary@gmail.com](mailto:yneary@gmail.com)

# ACBL BRIDGE LESSON PROGRAM

## SUPERVISED PLAY

These 6 week classes are for Bridge players who have taken prior classes on bidding, play of the hand defense and basic conventions. Students will play pre-dealt hands and the instructor will discuss the proper bidding necessary to reach the final contract, play the hands and defend the hands.

Day: Wednesdays  
 Location: Range Line Community Center - Room 107  
 Fee: Resident \$56/Non-Resident \$66  
 Min/Max: 12/24  
 Instructor: Yvette Neary, ACBL Accredited Teacher,  
 414-526-9035/[yneary@gmail.com](mailto:yneary@gmail.com)

### Session I:

<u>Dates:</u>	<u>Times:</u>	<u>Fee:</u>	<u>Course #:</u>
Jan 10 - Feb 21 (skip 2/14)	9:00am - 11:00am	Resident \$56/Non-Resident \$66	<b>222084</b>
Jan 10 - Feb 21 (skip 2/14)	1:00pm - 3:00pm	Resident \$56/Non-Resident \$66	<b>222085</b>

### Session II:

<u>Dates:</u>	<u>Times:</u>	<u>Fee:</u>	<u>Course #:</u>
Feb 28 - April 10 (1wk off TBD)	9:00am - 11:00am	Resident \$56/Non-Resident \$66	<b>222086</b>
Feb 28 - April 10 (1wk off TBD)	1:00pm - 3:00pm	Resident \$56/Non-Resident \$66	<b>222087</b>

### Session III:

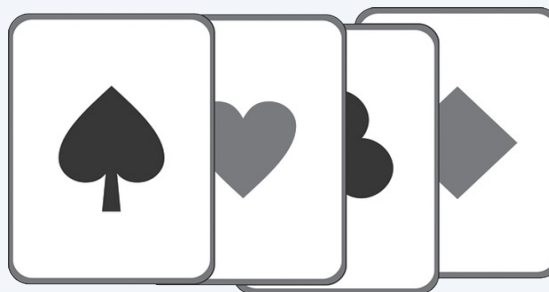
<u>Dates:</u>	<u>Times:</u>	<u>Fee:</u>	<u>Course #:</u>
April 24 - May 29	9:00am - 11:00am	Resident \$56/Non-Resident \$66	<b>322009</b>
April 24 - May 29	1:00pm - 3:00pm	Resident \$56/Non-Resident \$66	<b>322010</b>

## SHEEPSHEAD - Beginner

Learn the popular card game of Sheepshead (Schafkopf – In German). It is a card game, originated in Central Europe in the late 1700s, and popular in Wisconsin, because of its large German-American population. Many European nationalities now enjoy this game of Sheepshead, which uses 32 cards (7s thru Aces), and accumulates points to determine the winner.

Sign up for this fun and low-key course to learn the basics, or to improve your fundamental concepts. The Instructor has many years of experience and knowledge to share with you. You may even want to participate in the Nicolet Recreation Department's (and the Glendale Senior Citizens' Club) Annual Sheepshead Tournament, held in the Spring of each year.

Location: Nicolet High School - Room B111  
 Day: Mondays  
 Date: March 4 - May 6 (skip 3/25, 4/1)  
 Time: 4:00pm - 5:00pm  
 Fee: Resident \$35/Non-Resident \$45  
 Min/Max: 1/4  
 Instructor: Dennis Staral  
**Course #:** 229022



## BEGINNING Mah Jongg

Learn an ancient game with a modern twist. Mah Jongg had been a popular game in America since the 1920's. (Note: this is NOT merely matching tiles, sometimes erroneously called Mah Jongg.) Combining both luck and skill, you will find people of all ages who enjoy this game. Although this game of Chinese tiles is played by 4 people, the play is individual so partners are not needed. Groups of "Mahj" friends play regularly for years, so come and see why so many people have enjoyed this game for so long! You too will be able to play after this class. Fee includes current National Mah Jongg League Cards and materials.

Location: Range Line Community Center - Room #108  
 Days: Fridays  
 Dates: April 12, 19 & 26, May 3, 10 & 17  
 Min/Max: 8/16  
**Registration:** Deadline is TWO weeks before the start date in order for cards and materials to be ordered.  
 Instructor: Jackie Blumberg

Times:	Fee:	Course #:
10:00am - 12:00pm	Resident \$78/Non-Resident \$88	222091
1:00PM - 3:00pm	Resident \$78/Non-Resident \$88	222092

## PAINT LIKE BOB ROSS

**Join us as you complete a beautiful painting using the wet on wet oil painting technique.**

This technique is seen on the popular TV show "The Joy of Painting" with Bob Ross. With step by step instructions on mixing colors and brush strokes, you will be able to create your own masterpiece. **No experience necessary. For ages 13 and up.**

Day: Sunday  
 Time: 12:00pm - 4:00 pm  
 Location: Range Line Community Center – Room 108  
 Fee: Resident \$75/Non-Resident \$85, **All supplies included.**  
 Min/Max: 4/15  
**Registration: Deadline is one week before the start date.**  
 Instructor: Kevin Wolff, Certified Bob Ross Instructor

### SPECIAL 2 PART PAINT LIKE BOB ROSS CLASS

Day: Sunday  
 Date: January 7 & 14 ("Swimming Duck part I & part II")  
 Time: 12:00pm - 4:00pm (both days)  
 Fee: Resident \$120/Non-Resident \$130  
**Course #: 222034**



Date: February 4 ("Rocky Cliffs")  
**Course #: 222035**  
 Date: March 10 ("Mountain Valley")  
**Course #: 222036**  
 Date: April 21 ("Northern Lights")  
**Course #: 222037**

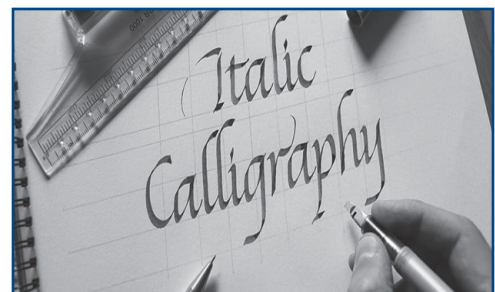


## CALLIGRAPHY - Italic

**Calligraphy is the art of drawing letters using specific strokes.** Bring your friends or family members to learn the art of Italic Calligraphy. Italic script, also known as chancery cursive and Italic hand, is a semi-cursive, slightly sloped style of handwriting and calligraphy. Heather Meinolf has been honing her craft through workshops and International Conferences since 2016. All levels of ability are welcome.

**All supplies are included in the class fee.**

Location: Range Line Community Center – Room #110  
 Day: Tuesday:  
 Dates: March 5, 12 & 19, April 2, 9 & 16 (Skip March 26)  
 Times: 6:30pm - 8:00pm  
 Fee: Resident \$70/Non-Resident \$80  
**Course #: 222060**  
 Min/Max: 6/10  
**Registration: Deadline is one week before the start date.**  
 Instructor: Heather Meinolf, 10 years of Calligraphy experience





## WREATH MAKING

Come learn how to make a seasonal, designer wreath for your front door. All materials and tools needed for each wreath will be provided. This course is perfect for beginner wreath makers to intermediate. Each class will be making a different themed designer wreath. There will be a free raffle at the end of each class! Check out what we are making for each class on my Facebook page, search [@MJWhiteDesignHomeDecor](#) to check it out!

Time: 5:45pm - 7:15pm  
 Location: Range Line Community Center Room 108  
 Min/Max: 4/16  
**Deadline:** TWO weeks before the start date (to order supplies).  
 Instructor: MJ White, designer and business owner at MJ's Designs and Home Decor, a local Mequon business

<u>Dates/Days:</u>	<u>Theme</u>	<u>Fee</u>	<u>Course #:</u>
Wed, Jan 10	Winter Wreath	Resident \$67/Non-Resident \$77	229003
Tues, March 5	Easter Wreath	Resident \$67/Non-Resident \$77	229004

## STAINED GLASS

A revered art form brings added elegance to modern decor. Students will receive a supply list at the start of the program and will need to purchase supplies. For more information, contact the Nicolet Recreation Department, 414-351-7566.

Location: Nicolet High School - Room B118  
 6701 N Jean Nicolet Rd, Glendale, WI 53217  
 Day: Wednesdays  
 Time: 6:30pm - 9:00pm  
 Date: January 17 - April 10 (Skip 3/27)  
 Fee: Resident \$95/Non-Resident \$105  
 Min/Max: 1/3  
**Registration:** Deadline is one week before the start date.  
 Instructor: Marion Allen  
**Course #:** 229027



## PET FIRST AID & CPR

Do you know what to do in the event of a pet emergency? This course provides dog and cat first aid plus CPR training in accordance with the veterinarian-approved Pro Pet Hero curriculum. Upon successful completion, students earn a two-year certification. Each class includes a didactic presentation, first aid kit “tour”, hands-on first aid and CPR instruction, and digital reference materials. This course is ideal for pet owners and pet professionals alike who want to learn how to provide support to an injured or ill animal until veterinary care is available.

Location: Range Line Community Center - Conference Room  
 Fee: Resident \$50/Non-Resident \$60 (All materials included)  
 Min/Max: 3/12  
**Deadline: One week prior to the start of class.**  
 Instructor: Libby Peterson, Pro Pet Hero Certified Instructor



<u>Date:</u>	<u>Day:</u>	<u>Time:</u>	<u>Course #:</u>
February 13	Tuesday	5:30pm - 8:00pm	222052

## AARP SMART DRIVER COURSE

The AARP Smart Driver course teaches valuable defensive driving strategies and provides a refresher of the rules of the road. Since 1979, the course has helped more than 20 million drivers learn research-based tips to adapt their driving to compensate for physical and cognitive changes that may occur with aging. The course has also been recently updated with new content, so you will have the most up-to-date information for your state. Plus, you may qualify for a multi-year automobile insurance discount by completing the course (check with your auto insurance agent for details).

Age: 50+  
 Location: Range Line Community Center – Conference Room  
 Date: Thursday, March 7  
 Time: 8:00 am – 12:15 pm  
 Fee: \$30  
 Min/Max: 8/20  
**Course #: 222044**  
**Registration: Deadline is one week before the start date.**  
 Instructor: John Graber, Volunteer Driving Safety Instructor-AARP



## LATIN DANCE SAMPLER

Come ready to learn the basic steps and rhythms of Latin Dance. We will introduce you to Salsa, Merengue, and Bachata! No partner necessary. All ability levels are welcome!

Location: Shorewood High School - Dance Studio: SHS Auditorium Building  
1701 E Capitol Dr, Shorewood

Days: Thursdays

Time: 7:00pm - 8:00pm

Dates: January 18 - March 7

Fee: Resident \$65/Non-Resident \$80

**Registration:** **Deadline is one week before the start date.**

**Course #:** **229006**

Max: 4

Instructor: Rosalita Villa



## SCOTTISH COUNTRY DANCE – Basic Level

**Looking for something that is proven to be good for the body AND for the mind?** Come and learn the basic steps & formations of Scottish Country Dance – the social and ballroom dancing of Scotland. You need not be Scottish, have previous dance experience, or bring a partner for this style of dancing which is enjoyed all over the world. No specialized clothing (or even a kilt) needed, but we do recommend soft-soled shoes for dancing (or stocking feet). We typically dance in groups of 6-8 people to lively fiddle, accordion, pipe and piano music. Eight weeks of instruction, ninth class is a dance party.

**Need: soft-soled shoes or stocking feet, suggest bringing your own water bottle**

Ages: 12 and up

Day: Wednesdays

Dates: January 17 - March 13 (skip 2/14)

Time: 7:30pm - 9:00pm

Location: Range Line Community Center Gym

Fee: Resident \$30/Non-Resident \$40

**Course #:** **229005**

Min/Max: 8/25

Instructor: Terry Garner, certified by the Royal Scottish Country Dance Society (RSCDS); Teacher with Milwaukee Scottish Country Dancers (Affiliate of RSCDS) and with the Madison Branch of the RSCDS.



## ESSENTIAL OILS 101: SIMPLE SOLUTIONS TO FEEL BETTER NATURALLY

Learn how to naturally support your immune system, get a good night's sleep, aid digestion, have happy healthy joints and so much more with therapeutic grade essential oils. In this class, we will discuss what essential oils are, how to use them and some wellness benefits of therapeutic grade essential oils. Essential oils are natural aromatic compounds found in the seeds, flowers, bark, rinds and leaves of plants, extracted and distilled for health benefits. They are 100% pure, easy to use, and benefit your health in countless ways.

Location:	Range Line Community Center, Room 110	Fee:	Resident \$20/Non-Resident \$30
Day:	Wednesday	<b>Course #:</b>	<b>229008</b>
Date:	February 7	Min/Max:	3/16
Time:	5:30pm - 7:00pm	Instructor:	Amanda Carron, Wellness Educator, Young Living Essential Oils

## Taming the High Cost of College

*Attend this workshop and discover how to send your kids to college without going broke! You will learn:*

- How to **PAY LESS** for college and attend a private college for **MUCH LESS**
- How to **AVOID STUDENT DEBT**
- How to qualify for **MORE** need-based financial aid
- How to **MAXIMIZE** merit aid opportunities
- How to find and win **SCHOLARSHIPS**
- How to use **TAX BREAKS** to help pay for college
- How to benefit from the **NEW FINANCIAL AID RULES**



Come see for yourself how to **save money**, **save time**, and **reduce stress** when applying to and paying for college. [www.Tamingthehighcostofcollege.com](http://www.Tamingthehighcostofcollege.com)

Location:	Range Line Community Center - Conference Room
Fee:	Resident \$10 per family/Non-Resident \$12 per family
Minimum:	5 families
<b>Registration:</b>	<b>Deadline for registration is one week prior to the start date.</b>
Instructor:	Brad Baldrige, CFP® Baldrige College Solutions, LLC

<u><b>Date:</b></u>	<u><b>Time:</b></u>	<u><b>Course #:</b></u>
Tuesday, February 6	7:00pm - 8:30pm	<b>222081</b>

## SHARE YOUR PASSION, SHARE YOUR SKILLS DO YOU HAVE A HIDDEN TALENT YOU WANT TO SHARE?

We are looking for people with a passion to share and transfer the skills and knowledge onto others. The Mequon-Thiensville (M-T) Recreation Department offers a wide variety of programs and classes for all ages, but we still strive to provide more for the community we serve. If you have a passion for an activity, fitness or a craft/hobby and want to share that with others, we want to hear from you. Share that knowledge and skills you have developed with others, be it youth or adults. **Contact the Recreation Deptment at 262-238-7535.** Whether you want to volunteer your skills or desire to start a side career, there are opportunities that can be explored at M-T Recreation.

# 2nd Annual VIP SPRING DANCE

Sponsored by SHULLY's

Boys and girls it's time to take your VIP (Mom, Dad or that special adult) out for a night of dinner and dancing. A night for snazzy suits, precious dresses and your best clothes. Fathers & Mothers, dust off your dancing shoes and enjoy a wonderful evening with your son(s) or daughter(s) while creating lasting memories that you will cherish forever. This unforgettable evening wouldn't be possible without the folks at Shully's that have made the Watermark venue available for the VIP Spring Dance. The evening includes dinner, refreshments and dancing with Kart Tunes DJ. A professional photographer from Visual Image Photography will be on hand to capture your special moments. Car pools are suggested as parking spaces are limited.

Grades: K-8th grade

Location: Watermark at Shully's, 146 Green Bay Road, Thiensville  
(enter via the Thien Room on west side of building)

Date: Friday, May 3, 2024

Schedule: 5:15pm - 6:30pm – Social/Photographer  
6:30pm - 7:30pm – Dinner  
7:30pm - 9:30pm – Dancing with Kart Tunes DJ

Fee: Couple (2 people): Resident \$82 **Course #: 212036**  
Extra Individual: Resident \$44 **Course #: 212037**

Max: **300 individuals – WILL FILL UP FAST, PLEASE DON'T WAIT!!**

Registration: **PRE-REGISTRATION IS REQUIRED!!**  
**DEADLINE IS APRIL 23, 2024 (may close early-don't be left out)**



# Personalized Tours, Inc.

W4928 Pheasant Valley Road, Waldo, WI 53093

PH: 920.528.7600 or TEXT: 262.339.9898

Email: Info@GoPersonalized.com Website: www.GoPersonalized.com

## CHECK IT OFF

### SCROOGE THE MUSICAL

Dec. 10th

Join us for this merry, sparkling, tuneful, boisterous, musical version of the world's most beloved Christmas story—A Christmas Carol! This musical tells the time honored tale of redemption and love!

\$135 Per Person

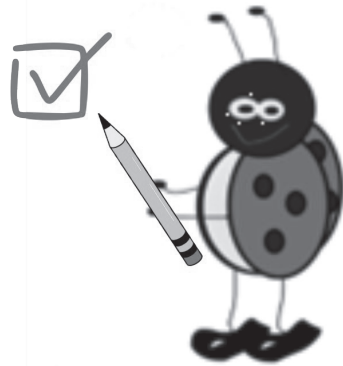


### NASHVILLE COUNTRY CHRISTMAS

December 9-14, 2023

The shopping is complete, the baking is done, and now it is time to relax and get away for a few days before the parties & family. Treat yourself to Christmas at the Opryland Resort in Nashville! What a way to kick off the holiday.

Tour #7816 \$2169P/P Dbl



### Love Is In The Air <sup>Mystery</sup>

February 13-16, 2024

The return of the beloved mystery tour—love is in the air this February and it is calling you to unknown destinations and fun new adventures. Join us as we whisk you away on a romantic getaway that will make you fall in love with this mystery location. Great for couples, friends, or family.

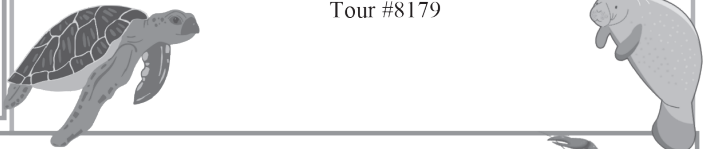
Tour #8279

### Crystal River

February 18-23, 2024

Mermaids, Manatees, and Marine Life! Oh my! Join us as we venture to Crystal River, Florida and escape the winter in Wisconsin. The popular destination boasts crystal clear waters and unique wildlife. The warm Gulf-water and spring-fed rivers create the perfect environment for their manatee inhabitants. Taste fish to fork cuisine, spend days in the sunshine, and explore this natural marvel.

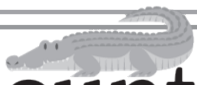
Tour #8179



### Cajun Country

Tour #8280

French Louisiana—often known as Cajun Country—is home to an incredibly unique and localized culture. A mix of French, native American, and Acadian refugees, this area of Southern Louisiana developed into a region like no other in the Americas. Known as Cajuns or Creoles, the people are renowned for their strong family values, their faith, and their food. Explore the areas of Lafayette, Baton Rouge, and of course New Orleans. Learn about their history and enjoy some of the freshest seafood straight from the Gulf—don't forget to try their Gumbo or Crawdads!



Planned With You In Mind

## RETIREMENT PLANNING for FINANCIAL SUCCESS

This course is designed for those approaching retirement and those who have recently transitioned into retirement. Take charge of your finances and get equipped with the facts you need to prepare for a financially secure retirement. Topics covered will include estimating retirement needs, utilizing the appropriate investment vehicles and the tax implications, and understanding strategies relating to Social Security & Medicare. Learn why having a financial plan is not just for the 1%

Location: Range Line Community Center - Conference Room  
Day: Wednesday  
Date: February 21  
Time: 6:00pm - 8:00pm  
Fee: FREE  
Min/Max; 4/30  
**Course #:** 222041  
**Registration:** **Deadline is one week before the start date.**  
Instructor: Lyssa McGauran and Jess Hendrickson of the Kindler Henrickson Group at Baird in Milwaukee.



## BASICS of INVESTING & FINANCIAL PLANNING

This course is designed for those who want to understand more about the fundamentals of investing and financial planning. A well-crafted plan can help you stay on track to pursue your financial goals and protect your hard-earned money from inflation. This seminar offers critical tips for investing for the long term while keeping emotions in check, especially through volatile markets. Developing a financial plan aligned with your goals, time horizon, and risk tolerance can help you stick to your plan over time as life changes.

Location: Range Line Community Center - Conference Room  
Day: Wednesday  
Date: March 6  
Time: 6:00pm - 8:00pm  
Fee: FREE  
Min/Max; 4/30  
**Course #:** 222042  
**Registration:** **Deadline is one week before the start date.**  
Instructor: Lyssa McGauran and Jess Hendrickson of the Kindler Henrickson Group at Baird in Milwaukee.



## THINK SPRING

David J. Frank, a Landscape Contracting Business, is welcoming you to learn about a variety of landscape and garden topics. Complete services are offered in landscape design, construction, renovation and maintenance. They are experts in sustainable and environmental solutions, stormwater management, irrigation systems, interior scapes, lawn and turf care, tree services, holiday decorating and snow and ice management. All services for every season and projects of all sizes. Remember, presentations are free, so please sign up as we cancel programs that do not have enough people.

Location: Range Line Community Center - Conference Room  
 Day: Thursdays  
 Time: 1:00pm - 2:00pm  
 Fee: FREE  
 Min/Max: 5/25  
**Registration:** Deadline is one week before the start date.  
 Instructor: Kurt Bartel, from David Frank Landscaping



### PLANT PROPAGATION

With the costs of everything going up, try growing some of your own plants for your garden. We will discuss division, seeding and cuttings to help you to produce your own plants.

Date: February 8  
**Course #:** 222064



### VEGETABLE GARDENING

There are so many reasons why you should grow your own vegetables. With proper planning you can add to your outdoor gardening experience.

Date: March 21  
**Course #:** 222065



### CONTAINER GARDENING

Container selection, preparation, and plant selection. Produce award winning floral and plant displays.

Date: April 18  
**Course #:** 222066



# AMY BECKER AND FRAN MAGLIO WALLACE - REAL ESTATE EXPERTS

Find out what's happening in the real estate market and if you are ready to take advantage of it.

Location: Range Line Community Center - Conference Room  
Min/Max: 2/20  
Instructor: Amy Becker and Fran Maglio Wallace-Real Estate Agents  
Fee: FREE (registration is required one week prior to start date)



## REAL ESTATE OPEN FORUM

Bring all your real estate related questions. Get advice from the experts. Do you want to know about easements? Encroachments? What to disclose when selling? Confused about real estate contracts? We are here to answer all your questions.

Date: February 12  
Day: Monday  
Time: 2:00pm - 3:00pm  
Course #: 229039



## DOWNSIZING

Thinking about moving? Not sure where to start? Not sure when to start? What should you do with all your stuff? Let us help you.

Date: February 14  
Day: Wednesday  
Time: 2:00pm - 3:00pm  
Course #: 229040



## HOW TO GET YOUR HOUSE READY TO SELL

Should you sell as is? Should you paint or fix up the bathroom? Ask the experts all your questions. They will guide you on what to do to get the most bang for your buck.

Date: March 5  
Day: Tuesday  
Time: 2:00pm - 3:00pm  
Course #: 229041



## REAL ESTATE MARKET TRENDS

We all watch the national news and know what's happening on the coasts, but do you know how your local market is trending? With higher interest rates, is it still a good time to sell? Stop in for a discussion of the local market trends and how they impact sales prices and days on market.

Date: March 7  
Day: Thursday  
Time: 2:00pm - 3:00pm  
Course #: 229042



## RAIN GARDENS and NATURAL LANDSCAPING

Make a difference in our community by managing stormwater where it falls with rain barrels, rain gardens, native plants, and more! Learn about water conservation and capturing stormwater in your home landscape. With the help of Breanne Plier, Manager of Sustainability for the Milwaukee Metropolitan Sewerage District, this course will showcase native plants, discussing their ecological value and practical applications for the home landscape and other natural landscaping techniques you can do at home to help protect Lake Michigan.

Day: Monday  
 Date: February 12  
 Time: 6:00pm - 7:00pm  
 Location: Range Line Community Center- Conference Room  
 Fee: FREE  
**Course #:** 222093  
 Min/Max: 8/30  
**Deadline:** One week prior to the start of class.  
 Instructor: Breanne Plier, Milwaukee Metropolitan Sewerage District's Fresh Coast Resource Center



## WOMEN'S HEALTH: LADIES NIGHT OUT

May is Women's Health Month. Join us for an evening of interesting conversation and connect with other women. Listen to female experts in the field educate and discuss pertinent women's health topics. Learn a few key exercises that are helpful to women of all ages. There will be plenty of time for Q & A, an excellent opportunity to ask questions about your health and bodies. Bring a friend and have an evening of education. This is an event for women of all ages.

Days: Monday  
 Date: May 6  
 Time: 6:00pm - 7:30pm  
 Location: Freedom PT Services-Fox Point  
 6908 N Santa Monica Blvd.  
 Fox Point, WI 53217  
 Fee: FREE  
**Course #:** 222049  
 Min/Max: 5/16  
**Registration:** Deadline is one week before the start date.  
 Instructor: Freedom PT Women's Health team and local Women's Specialist Providers





## For Your Health



### **SECRETS TO SOLVING SHOULDER PAIN**

**Do you suffer from shoulder pain?** Shoulders are the most commonly injured joint of the body. Join us to learn secrets to solving and managing shoulder pain.

Day: Tuesday  
Date: January 23  
Time: 11:00am - 12:00pm  
Location: Range Line Community Center - Conference Room  
**Course #:** 222050  
Fee: FREE  
Min/Max: 2/20  
Instructor: Mary Beth Scalise, Certified Balance Specialist and PT from Doctors of Physical Therapy



### **SECRETS TO SOLVING BACK PAIN**

**Is back pain getting in the way of enjoying your life?** If you have pain and want to improve life, this class is for you! Learn about the three most common types of back pain and how to begin your recovery.

Day: Tuesday  
Date: March 26  
Time: 11:00am - 12:00pm  
Location: Range Line Community Center - Conference Room  
**Course #:** 222051  
Fee: FREE  
Min/Max: 2/20  
Instructor: Mary Beth Scalise, Certified Balance Specialist and PT from Doctors of Physical Therapy



## WELCOME to MEDICARE

**Turning 65 or looking to retire?** The Aging and Disability Resource Center of Ozaukee County will be presenting this Medicare workshop to provide information on Medicare. This workshop will review Medicare coverage, when to sign up, prescription drug plans and the differences between advantage and supplement plans.

Date: February 7  
Day: Wednesday  
Time: 5:30-7:30 pm  
Location: Range Line Community Center - Conference Room  
**Course #:** 222043  
Fee: FREE  
Min/Max: 6/25  
Instructor: Ashley Mutsch, Elder Benefit Specialist, Ozaukee County ADRC



## COMMUNITY BOOK CLUB

Join us at the Frank L. Weyenberg Library as we offer a free monthly book discussion on the 3rd Tuesday of the month at 1:30pm in-person at the library. Talk, listen and share your thoughts and reactions to the month's selection. Participants will be responsible for obtaining their books.

Dates: January 16, February 20, March 19, April 16, May 21  
 Time: 1:30pm - 2:30pm  
 Location: Frank Weyenberg Library of Mequon-Thiensville  
 Fee: FREE  
 Facilitator: Ashley Pike, Patron Services Manager of Weyenberg Library



1. **January 16:** *The Removed* by Brandon Hobson
2. **February 20:** *Congratulations, the Best is Over!*: Essays by R. Eric Thomas
3. **March 19:** *Pioneer Girl* by Bich Minh Nguyen
4. **April 16:** *The Elissas: Three Girls, One Fate and the Deadly Secrets of Suburbia* by Samantha Leach
5. **May 21:** *All the Sinners Bleed* by S.A. Cosby

## MNP EXECUTIVE DIRECTOR BOOK CLUB

**Join Mequon Nature Preserve's Nature Book Club!** Members meet monthly to discuss the non-fiction, nature book assigned for that month. Members can take turns leading the discussion and helping pick out the books. The book club meets in the BoardRoom at the Pieper Power Education Center at the Mequon Preserve. Email [kgies@mequonnaturepreserve.org](mailto:kgies@mequonnaturepreserve.org) to find out what each month's book will be.

Age: 18+  
 Days: Third Tuesday of the month  
 Time: 11:00am  
 Location: Mequon Nature Preserve  
 Fee: FREE  
 Facilitator: Kristin Gies, Executive Director at the Mequon Nature Preserve. Kristin received an AS in Landscape Horticulture from MATC; a BS in Botany and a MS in Environmental Science from Concordia University





# WRAP CARE

## MEQUON-THIENSVILLE SCHOOL DISTRICT & RECREATION DEPARTMENT

The Mequon-Thiensville Recreation Department is pleased to offer on-site 4K Wrap Care for our families with children enrolled in four-year-old kindergarten. Wraparound sessions will encourage both physical and social and emotional growth through play and recreation while providing supervised, safe group activities.

### LOCATIONS

**Locations and Hours:**

AM and PM sessions are available from 9 a.m. - 4 p.m.



DONGES BAY ELEMENTARY SCHOOL



ORIOLE LANE ELEMENTARY SCHOOL



WILSON ELEMENTARY SCHOOL

- **Pricing:** \$40 per day, with a minimum requirement of two consistent days per week. There is also a \$25 registration fee and a registration form required per each 4K student enrolled.
- If additional care is needed before school: 6:30 a.m - 9 a.m., or after school: 4 p.m.- 6 p.m., please visit our MTSD Recreation Department website for Kids' Campus registration information

**Questions?**

- Contact Program Coordinator Elisa Salvo-Antonie at 262-238-7548 or [esalvo@mtsd.k12.wi.us](mailto:esalvo@mtsd.k12.wi.us)
- For enrollment information, please visit [www.mtsd.k12.wi.us/4k-wrap](http://www.mtsd.k12.wi.us/4k-wrap)

Visit [mtsd.k12.wi.us](http://mtsd.k12.wi.us) for more information



## 2023-2024 BEFORE & AFTER SCHOOL CARE

Recreation Department & the Mequon-Thiensville School District

Kids' Campus provides before & after school care during the school year for children **Grades 4K-5th** that attend school in the Mequon-Thiensville School District. Kids' Campus balances learning and fun through a variety of experiences, meant to inspire and lay the groundwork for a lifetime of learning, encourage imagination and promote positive social skills.

Hours		
Location	Times	Days
Donges Bay	6:30 AM – 9:00 AM 4:00 PM – 6:00 PM	MON-FRI
Wilson	6:30 AM – 9:00 AM 4:00 PM – 6:00 PM	MON-FRI
Oriole Lane	6:30 AM – 9:00 AM 4:00 PM – 6:00 PM	MON-FRI

### REGISTRATION OPEN NOW!

All new and existing participants must complete the online Kids' Campus Registration along with the annual \$25 registration fee per child.

All enrollments are due the **WEDNESDAY** prior to when care is needed.

*No late registrations or walk ins will be accepted.*

Tuition		1 DAY	2 DAYS	3 DAYS	4 DAYS	5 DAYS
AM ONLY	FEES PER WEEK	\$10	\$20	\$30	\$32	\$40
PM ONLY	FEES PER WEEK	\$10	\$20	\$27	\$28	\$35
AM & PM	FEES PER WEEK	\$18	\$36	\$51	\$56	\$70

**\*\*25% Sibling Discount for families with multiple children – Does not apply for registration fee\*\***

### SCHOOL'S OUT DAYS 2023-2024

We offer care on most of the days that your child's school is closed. Parents will be notified of these programs in advance and allowed to enroll for a separate fee. Children must bring a non-perishable lunch, water bottle, and appropriate outdoor attire.

*School's Out Day Cost: \$40/day (Hours are 7AM-6PM)*

Questions? Contact Elisa Salvo Kids' Campus Director@ [esalvo@mtsd.k12.wi.us](mailto:esalvo@mtsd.k12.wi.us)

## Kids' Campus Registration 2023-24

Please Print. One form per child. A New form must be filled out each school year. Check where appropriate.

### INFORMATION

#### Child Information

First Name:		Last Name:			
Child's School:			<input type="checkbox"/> M <input type="checkbox"/> F	Age:	Birth Date:
Child has siblings in KC Programming: <input type="checkbox"/> Yes <input type="checkbox"/> No		Grade (Starting Fall of 2023) : <input type="checkbox"/> K5 <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 <input type="checkbox"/> 6 <input type="checkbox"/> 7 <input type="checkbox"/> 8		Child's T-Shirt Size <input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> AS <input type="checkbox"/> AM <input type="checkbox"/> AL <input type="checkbox"/> AXL	
Street Address:		Apt #:	City:	State:	ZIP Code:
Child Resides with <input type="checkbox"/> Parent/Guardian 1 <input type="checkbox"/> Parent/Guardian 2 <input type="checkbox"/> Other:					

#### Parent/Guardian 1

First Name:		Last Name:		Relationship:	
Phone Primary:		Phone Secondary:		Preferred Method of Contact <input type="checkbox"/> Phone <input type="checkbox"/> Email <input type="checkbox"/> Other:	
Email:					

#### Parent/Guardian 2

First Name:		Last Name:		Relationship:	
Phone Primary:		Phone Secondary:		Preferred Method of Contact <input type="checkbox"/> Phone <input type="checkbox"/> Email <input type="checkbox"/> Other:	
Email:					

#### Alternate Authorized Pick-up / Emergency Contacts

Name:		Phone:		Relationship:	
Name:		Phone:		Relationship:	

### HEALTH HISTORY

Has your child had any of the following (check all that apply):

- ADD/ADHD  Asthma  Autism  Diabetes  Epilepsy/Seizures  Sensory Concerns  Cerebral Palsy/Motor Disorder  
 Cognitively Disabled  Dietary Restrictions  Food/Milk Allergies  Non-Food Allergies  Vision Concerns  Hearing Concerns  Speech Concerns  Other  None

Please Explain:

\_\_\_\_\_

Other conditions requiring special care: \_\_\_\_\_

Triggers that may cause any of the above problem ( specify): \_\_\_\_\_

Signs or Symptoms to watch for: \_\_\_\_\_

Steps the childcare provider should follow: \_\_\_\_\_

When to consider that the condition requires emergency medical care or reassessment: \_\_\_\_\_

Is this child currently taking any medications?  YES  NO Will it need to be administered during program  YES  NO

What kind and why: \_\_\_\_\_

If medication needs to be administered during program, a Medication Dispensing form **MUST** be completed.

Any other information you like to provide to staff:

OVER

**PARENT/GUARDIAN AUTHORIZATION**

I authorize the Recreation Department to use photographs and videos of the person named in this application as may be needed for its public relations programs, including social media.  
 I approve this application and certify that the applicant is capable of such an experience.  
 I grant permission for the applicant to participate in all planned activities and off site trips by walking, van or bus (when applicable).  
 I hereby give my consent for emergency medical care or treatment to be used only if I cannot be reached immediately. I authorize staff/volunteers to administer first-aid. Prudent attempts will be made to contact the parent/guardian immediately.  
 I authorize the Recreation Department Staff to accompany my child to the nearest hospital by rescue squad in the event of an emergency.  
 I agree to release the Mequon Thiensville Recreation Department from any liability for the risk of illness, accidents or injury.  
 The Recreation Department is not responsible for lost, stolen or damaged personal items.  
 I understand that the Recreation Department or Staff can remove my child from the program for behavior and can suspend my child from the program indefinitely.  
 I understand no pets on location.  
 I understand that if my child requires alternative arrival or release, I will complete a separate form with updated information on it.  
 I understand that failure to complete all mandatory forms will result in a forfeited spot in the program. No exceptions.  
 I understand that fees are established based on a schedule, not attendance, and that I am responsible for all fees.  
 I understand program fees must be paid seven days prior to the start of the program week registered for.  
 I understand my child must be potty trained to attend the program.  
 I understand that in signing this form that I agree to adhere to all policies and procedures listed in the parent handbook.  
 I agree to waive any claims against the Recreation Department and its members and volunteers for injuries or damages that may result from the conduct of other persons including participants in the Recreation Department programs.  
 I understand that I must provide a child with a water bottle, labeled with their name for each day of the program.  
 I understand that athletic shoes are required footwear that must be worn or sent to program each day, as well as appropriate clothing or protection for the weather.  
 I certify my child has no health issues that would limit their participation in the program and any health or medical concerns have been disclosed.  
 I understand that I am required to notify Recreation Department Staff of any changes to my child's personal information, medical history, authorized pickups or schedule changes.  
 I hereby give consent for the Recreational Supervisor and Recreation Department staff to discuss any necessary information not provided on this registration form, with my child's teacher or school district staff to ensure my child's time in the program is successful.  
 I understand no refunds are given.

**Liability Waiver**

I/We, the undersigned or parent/guardian of the individual named above, do hereby agree to allow the above named to participate in the aforementioned activity(ies). I/We assume all risks and hazards incidental to such indemnify and agree to hold harmless the M-T Recreation Department employees, staff, and other persons for any and all claims, injuries, liabilities, damage or right of action directly or indirectly arising out of use of M-T Recreation department activities. Furthermore, the individual named herein is in good physical condition appropriate for the stated activity(ies) and the participants must assume full responsibility for injuries incurred while taking park in an activity. I am/We are aware of and understand that the Mequon-Thiensville School District and the M-T Recreation Department does not provide accident insurance. I/We have read and agree to the registration and related department policies, including the right to use my or my child's photograph or image with or without my or my child's name, both single and in conjunction with other persons or objects for any and all purposes including, but not limited to, private or public presentations, advertising, publicity, and promotion relating there to.

Parent/Legal Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_



## Saturday Soccer

This non-competitive program for children 3-8 years old will introduce the game of soccer. Some low organized games are used to encourage sportsmanship and aid in the development of basic skills such as running, jumping, and kicking.

Age: 3-8 years old  
 Days: Saturdays  
 Location: Donges Bay NEW Gym (Enter Door #11) or Outside  
 Fee: Resident \$76/Non-Resident \$86 **per session**  
 Min/Max: 10/30  
**Registration:** **Deadline for registration is one week prior to the start date.**  
 Instructor: Please direct questions to Michelle Tipton of Solar Rec. at (262)312-0569



- Session 1:** Ages 3 & 4 years old – 9:00am - 9:50am  
 January 6, 13, 20, 27, Feb 3, 17, 24 (Skip Feb 10) **Course #: 212039**
- Session 2:** Ages 5 & 6 years old – 10:00am - 10:50am  
 January 6, 13, 20, 27, Feb 3, 17, 24 (Skip Feb 10) **Course #: 212040**
- Session 3:** Ages 7 & 8 years old – 11:00am - 11:50am  
 January 6, 13, 20, 27, Feb 3, 17, 24 (Skip Feb 10) **Course #: 212041**
- Session 4:** Ages 3 & 4 years old – 9:00am - 9:50am  
 April 13, 20, 27, May 4, 11, 18, June 1 (Skip May 25) **Course #: 212042**
- Session 5:** Ages 5 & 6 years old – 10:00am - 10:50am  
 April 13, 20, 27, May 4, 11, 18, June 1 (Skip May 25) **Course #: 212043**
- Session 6:** Ages 7 & 8 years old – 11:00am - 11:50am  
 April 13, 20, 27, May 4, 11, 18, June 1 (Skip May 25) **Course #: 212044**

## Tuesday Soccer

This non-competitive program for children 3-6 years old will introduce the game of soccer. Some low organized games are used to encourage sportsmanship and aid in the development of basic skills such as running, jumping, and kicking.

Age: 3-6 years old  
 Days: Tuesdays  
 Location: Range Line Community Center - Outside Behind Building on Grass Area  
**(Inside RL Gym as a Backup except for May 9)**  
 Fee: Resident \$63/Non-Resident \$69 **per session**  
 Min/Max: 10/25  
**Registration:** **Deadline for registration is one week prior to the start date.**  
 Instructor: Please direct questions to Michelle Tipton of Solar Rec. at (262) 312-0569

- Session 1:** Ages 3 & 4 years old – 4:30pm - 5:20pm  
 April 25, May 2, 9, 16, 23, 30 **Course #: 212017**
- Session 2:** Ages 5 & 6 years old – 5:30pm - 6:20pm  
 April 25, May 2, 9, 16, 23, 30 **Course #: 212018**

## HOMESTEAD ELITE BOYS SPRING BASKETBALL CAMP

For Grades 6th – 8th

The Homestead Elite Boys Spring Basketball Camp is designed for the serious basketball player ready to improve their game. Basketball is a game that requires practice and repetition to be successful. Homestead High School Boys Basketball Coach, Sean Crider will direct the camp. Let Coach Crider help you put a plan together to be the best basketball player you can be. You will be given individual and partner drills that can be done on your own to help you improve. This camp will be a practice-like environment for the participants involved. **Bring your own basketball - either a 28.5 or 29.5 size.**

**Skills that will be emphasized:**

Higher Level Ball Handling  
Detailed Shooting Techniques  
Passing and Catching

Individual and Team Defense  
Reading and Setting Screens  
And much more!!

Grades: Boys in 5th – 8th Grade  
Location: Donges Bay NEW Gym - Enter Door #11  
Dates: Tuesdays, May 7, 14, 21, 28  
Time: 6:00pm - 7:30pm  
Fee: Resident \$69/Non-Resident \$79  
**Course #:** 217001  
**Registration:** Registration deadline is one week prior to the start of class.  
Min/Max: 10/40  
Director: Sean Crider, Homestead High School Boys Basketball Coach



## Skyhawks Multi-Sport Program

**Multi-Sport (Track & Field/T-ball)** - This multi-sport class is designed to introduce young athletes to a variety of different sports in one setting. For this program we combine Track & Field and Baseball/T-ball into four, fun filled classes. Athletes will learn the rules and essentials of each sport through skill-based games and scrimmages. Athletes will have the option to use either the Tee or coach pitch.

Sports:	Track and Field and T-Ball	Fee:	Resident \$75/Non-Resident \$85
Ages:	5-7 years olds	<b>Course #:</b>	<b>212099</b>
Day:	Saturdays	Min/Max:	8/20
Dates:	April 27, May 4, 11, 18	Instructor:	Skyhawks Sports Milwaukee
Time:	10:30am - 11:30am		
Location:	Baseball Diamonds and Grass Field behind Steffen Middle School		

**Multi-Sport (Track & Field/Baseball)** - This multi-sport class is designed to introduce young athletes to a variety of different sports in one setting. For this program we combine Track & Field and Baseball into four, fun filled classes. Athletes will learn the rules and essentials of each sport through skill-based games and scrimmages. Athletes will have the option to use either the Tee or coach pitch.

Sports:	Track and Field and Baseball	Fee:	Resident \$75/Non-Resident \$85
Ages:	8-12 years olds	<b>Course #:</b>	<b>212100</b>
Day:	Saturdays	Min/Max:	8/24
Dates:	April 27, May 4, 11, 18	Instructor:	Skyhawks Sports Milwaukee
Time:	11:40am - 12:40pm		
Location:	Baseball Diamonds and Grass Field behind Steffen Middle School		

## KARATE

Let your child experience the challenges of the Young American Martial Arts Club. This dynamic program has been developed in cooperation with the University of Wisconsin-Milwaukee Children's Center, a leader in early childhood development and education. This innovative martial arts program will encourage your child to develop a positive attitude, perseverance, self confidence, and self discipline. All this and more in the fun filled challenges of the Young American Martial Arts Club conveniently located at Range Line Community Center.

Location: Range Line Community Center Cafeteria

**Winter Dates:** Tuesdays, Jan 9, 16, 23, 30, Feb 6, 13, 20, 27, March 5, 12, 19, 26  
Time: Ages 4-6 years old – 4:30pm - 5:00pm **Course #: 212002**  
Ages 7-10 years old – 5:00pm - 5:45pm **Course #: 212003**  
Fee: Resident \$190/Non-Resident \$210 (25% off additional family members)

**Spring Dates:** Tuesdays, April 2, 9, 16, 23, 30, May 7, 14, 21, 28, June 4, 11, 18  
Time: Ages 4-6 years old – 4:30pm - 5:00pm **Course #: 212012**  
Ages 7-10 years old – 5:00pm - 5:45pm **Course #: 212013**  
Fee: Resident \$190/Non-Resident \$210 (25% off additional family members)

**Registration:** **Deadline for registration is one week prior to the start date.**  
Instructor: Phil Sauer

## MARTIAL ARTS CLUB

The Mequon/Thiensville Rec Dept Martial Arts Club is an exciting program combining karate, Judo/Jujitsu and Aikido. Phil Sauer has been practicing and instructing martial arts for over 40 years and he brings this experience to our exciting martial arts program. The focus of our program is to achieve and maintain fitness through practical self-defense based training, while keeping the workouts fun and challenging. Please join up...try it yourself or with your whole family!

Location: Range Line Community Center Cafeteria

**Winter Dates:** Saturdays, Jan 6, 13, 20, 27, Feb 3, 10, 17, 24, March 2, 9, 16, 23  
Time: Ages 11 and older – 10:00am - 11:00am **Course #: 212005**  
Fee: Resident \$190/Non-Resident \$210 (25% off additional family members)

**Spring Dates:** Saturdays, March 30, April 6, 13, 20, 27, May 4, 11, 18, 25, June 1, 8, 15  
Time: Ages 11 and older – 10:00am - 11:00am **Course #: 212015**  
Fee: Resident \$190/Non-Resident \$210 (25% off additional family members)

**Registration:** **Deadline for registration is one week prior to the start date.**  
Instructor: Phil Sauer

## SPRING BREAK OPEN GYM

If you are sticking in town during Spring Break and are looking for a gym to shoot some hoops at - The Rec Dept is holding a free open gym on Tues March 26 through Thurs March 28 at the Range Line Community Center Gym. Open to kids and adults - Bring your own basketballs and a filled water bottle. Supervision will be included by Rec Dept staff.

Days: Tues March 26 through Thurs March 28  
Time: 10:30am - 12:30pm  
Location: Range Line Community Center Gym  
Fee: FREE



**\*\* Bring Own Basketballs and a Filled Water Bottle \*\***

## Amazing Athletes

Amazing Athletes is an educational sports and fitness program teaching children the basic fundamentals and mechanics of the following 10 sports: Baseball, Basketball, Football, Golf, Hockey, Lacrosse, Soccer, Tennis, Track & Field and Volleyball. We will also focus on the 7 key areas of motor-development through games, obstacle courses and other fun fitness activities. Our program incorporates exercises for gross motor development, hand-eye coordination, cardio-vascular fitness, speed and agility and stretching and muscle tone.

By introducing kids to a variety of sports and physical activities at a young age, they have a greater chance of finding a few things they like. Children participating in sports and fitness at an early age will expose to them an active and healthy lifestyle, which is our main goal!

Ages: 2 years olds  
 Day: Wednesdays  
 Dates: January 10, 17, 24, 31, Feb 7, 14, 21  
 Feb 28, March 6, 13, 20, (Skip March 27), April 3, 10, 17  
 April 24, May 1, 8, 15, 22, 29, June 5  
 Time: 10:30am - 10:55am  
 Location: Range Line Community Center Gym  
 Fee: 7 weeks - Resident \$110/Non-Resident \$120 **per session**  
 Min/Max: 6/15  
 Instructor: Amazing Athletes Instructor

**Course #: 212024**  
**Course #: 212025**  
**Course #: 212026**

Ages: 3-6 years olds  
 Day: Wednesdays  
 Dates: January 10, 17, 24, 31, Feb 7, 14, 21  
 Feb 28, March 6, 13, 20, (Skip March 27), April 3, 10, 17  
 April 24, May 1, 8, 15, 22, 29, June 5  
 Time: 11:00am - 11:30am  
 Location: Range Line Community Center Gym  
 Fee: 7 weeks - Resident \$110/Non-Resident \$120 **per session**  
 Min/Max: 6/15  
 Instructor: Amazing Athletes Instructo

**Course #: 212027**  
**Course #: 212028**  
**Course #: 212029**

## Youth Beginners ARCHERY

Gain general knowledge of Archery from basic beginner to the more advanced target and hunting archery. Andy Steinman will help to teach proper form and technique as well as safe practices to make the sport enjoyable. **Please bring your own bow and arrows if you have them. We encourage parents to stay for the safety of the kids.**

Age: 8-14 years old  
 Day: Tuesdays  
 Dates: April 16, 23, 30, May 7 & 14  
 Time: 5:00pm - 6:00pm  
 Location: Lakeshore Middle School Archery Range -  
 Behind building on the grass area

**Course #:** 217004  
 Fee: Resident \$60/Non-Resident \$70  
 Min/Max: 3/14  
**Deadline:** One week prior to the start of class.  
 Instructor: Andy Steinman - NASP BAI and S3DA Certified



## VIRTUAL ACT WORKSHOP

In this virtual ACT workshop via Zoom, students will learn how to identify the types of questions they will see on the four multiple-choice sections of the ACT test as well as a variety of strategies to attack the various questions.

The instructor has designed this in-depth course based on 30 years of experience successfully preparing students to take the ACT. Students will need to purchase a copy of “The Official ACT Prep Guide - 2023-2024” on their own prior to the first class. Many families order the book from Amazon or purchase it at a local bookstore. Students will need a blank spiral notebook and pen/pencil for each class.

Prerequisites: Students must be juniors or seniors  
 Location: VIRTUAL - A Zoom link will be provided a week before the class  
 Fee: Resident \$220/Non-Resident \$245  
 Maximum: 10 students (Also co-op with Nicolet, Shorewood, and Whitefish Bay Rec Depts)  
 Instructor: Fred Silver

**Session:**

Dates: Sundays, January 21, 28, February 4, 11, 18, 25, March 3 and 10  
 Time: 6:30pm - 8:30pm  
 Course #: 217016

## OUTDOOR SKILLS

**Enjoy the out-of-doors and hone your outdoor skills!** This class is for any experience level, and will cover safe fire starting, propane stoves, tents, cooking a meal and responsible clean up. Together, we will cook a meal outside. It can also include knots, pocket knives, charcoal fires, beginning back-country skills, or other subjects you have interest in. All participants will have lots of hands-on practice, so each person attending should register and pay.

Ages: Ages 9-14 should attend with an adult and both child and parent should register and pay, Ages 15-99 are welcome and can register as an individual  
 Day: Saturday  
 Date: April 13  
 Time: 10:00am - 1:00pm  
 Location: Homestead High School Outdoor Classroom and Fire Circle Park in the parking lot next to the tennis courts - walk around the softball diamond to the backwoods.  
 Fee: Resident \$17/Non-Resident \$27 (each attendee must register and pay)  
 Course # 212009  
 Min/Max: 2/10 (counting each registered person, ie if a child and adult attend, that counts as 2)  
 Instructor: Nancy Urbani, Girl Scouts for over 35 years, GSWISE Outdoor Skills Facilitator, former Cub Scout Den Leader.

## Cursive Handwriting

**Cursive, script, longhand . . .** These are all a style of writing in which all the letters in a word are connected. Enroll your students and give them an opportunity to learn cursive writing. They may be excited to learn to write entire words without lifting their pencil from the paper. **Bring #2 pencil and lined paper to each class.**

Grades: 3rd - 6th Grade  
 Day: Tuesdays  
 Dates: April 23, 30, May 7, 14, 21, 28  
 Time: 6:30pm - 8:00pm  
 Location: Range Line Community Center, Room 110  
 Fee: Resident \$70/Non-Resident \$80  
 (Cost includes handouts for practice at home)

**Course #:** 212020  
 Min/Max: 3/8  
 Instructor: Heather Meinolf - MTSD Teacher

Aa Bb Cc Dd Ee Ff Gg  
 Hh Ii Jj Kk Ll Mm Nn  
 Oo Pp Qq Rr Ss Tt Uu  
 Vv Ww Xx Yy Zz

## Rock Climbing – A Beginners Course

In this introductory course, students will be guided through basic climbing techniques and safety precautions. Participants will enhance coordination, problem-solving, balance and strength, through bouldering (traversing) and climbing. Students will enhance their skills through games and challenges throughout the course. ***Climbers Ready?***

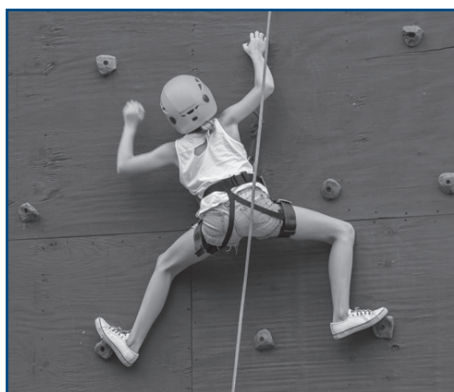
Ages: 8 - 14 years old  
 Time: 6:00pm - 7:30pm  
 Location: Novak Family Fieldhouse  
 8200 N 60th Street  
 Brown Deer, WI 53223  
 Fee: Resident \$40/Non-Resident \$50  
 Maximum: 3

Day: Wednesdays  
 Dates: January 10, 17, 24, 31

**Course #:** 229020

Day: Wednesdays  
 Dates: March 27, April 3, 10, 17

**Course #:** 229028



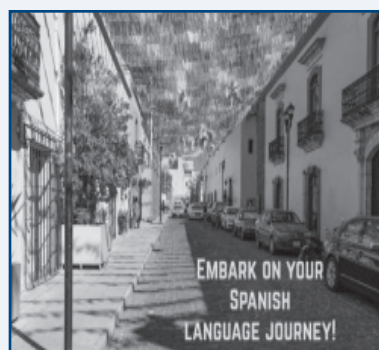
# SPANISH CLASSES FOR CHILDREN

By: Futura Language Professionals

## DISCOVER THE MAGIC OF SPANISH!!

### ¡Vamos por la ciudad! (Let's go to the City!!)

In this 8 week session, the road to Spanish language learning success begins with this all new and exciting Spanish adventure! Join us as we jet set off to the bustling city of Madrid, Spain with Vamos por la ciudad (Let's go to the City!) This stimulating class environment will energize and motivate students to learn useful vocabulary about sports, health, and pastimes – all in Spanish! The engaging classroom journeys include playing soccer, eating Spanish tapas, participating in sports at the school, and joining in activities in the park. Authentic Spanish phrases and conversation will be reinforced during each class. Act now to ensure your child is a part of this comprehensive bilingual experience. Get a language head start – enroll today! (Space is limited.) Don't Delay - Register Today! Appropriate for students with or without previous Spanish experience.



Ages: Grades K5-5th  
 Location: Oriole Lane ICC (Meet in ICC on first day)  
 Dates: Mondays – 2/5, 2/12, (skip 2/19), 2/26, 3/4, 3/11, 3/18, (Skip 3/25), (Skip 4/1), 4/8, 4/15  
 Time: 4:00pm - 5:00pm  
**Course #:** 213015  
 Fee: \$160 per student **(NO REFUNDS A WEEK BEFORE THE CLASS STARTS)**  
 Min/Max: 8/15

Ages: Grades K5-5th  
 Location: Donges Bay ICC (Meet in ICC on first day)  
 Dates: Tuesdays – 2/13, 2/20, 2/27, 3/5, 3/12, 3/19, (Skip 3/26), 4/2, 4/9  
 Time: 4:00pm - 5:00pm  
**Course #:** 211015  
 Fee: \$160 per student **(NO REFUNDS A WEEK BEFORE THE CLASS STARTS)**  
 Min/Max: 8/15

Ages: Grades K5-5th  
 Location: Wilson ICC (Meet in ICC on first day)  
 Dates: Wednesdays – 2/7, 2/14, 2/21, 2/28, 3/6, 3/13, 3/20, (Skip 3/27), 4/3  
 Time: 4:00pm - 5:00pm  
**Course #:** 214015  
 Fee: \$160 per student **(NO REFUNDS A WEEK BEFORE THE CLASS STARTS)**  
 Min/Max: 8/15

# Young Rembrandts Drawing Class

We grow creative, young minds and praise individual differences through the Power of Drawing. Unlock your child's potential and watch their confidence blossom as they develop skills critical to tomorrow's innovators. With BRAND-NEW lessons every week (we never repeat), your child will enjoy learning through our award-winning, educational drawing program ([www.youngrembrandts.com](http://www.youngrembrandts.com)). All supplies are included in the cost.

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Ages: Grades K5-5th  
 Location: Wilson ICC  
 Dates: Mondays – 2/12, (Skip 2/19), 2/26, 3/4, 3/11, 3/18, (Skip 3/25), (Skip 4/1), 4/8, 4/15, 4/22 (8 weeks)  
 Time: 4:05pm - 5:05pm  
**Course #:** 214016

Dates: Mondays – 4/29, 5/6, 5/13, 5/20, (Skip 5/27), 6/3 (5 weeks)  
 Time: 4:05pm - 5:05pm  
**Course #:** 214017

Fee: \$119 per student for 8 wks / \$74 per student for 5 wks **(NO REFUNDS ONCE CLASS STARTS)**

Min/Max: 5/20  
 Instructor: Young Rembrandts Trained Instructor

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Ages: Grades K5-5th  
 Location: Oriole Lane ICC  
 Dates: Tuesdays – 1/23, 1/30, 2/6, 2/13, 2/20, 2/27, 3/5, 3/12 (8 weeks)  
 Time: 4:05pm - 5:05pm  
**Course #:** 213016

Dates: Tuesdays – 4/2, 4/9, 4/16, 4/23, 4/30, 5/7, 5/14, 5/21 (8 weeks)  
 Time: 4:05pm – 5:05pm  
**Course #:** 213017

Fee: \$119 per student for 8 wks **(NO REFUNDS ONCE CLASS STARTS)**

Min/Max: 5/20  
 Instructor: Young Rembrandts Trained Instructor

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Ages: Grades K5-5th  
 Location: Donges Bay ICC  
 Dates: Wednesdays – 1/24, 1/31, 2/7, 2/14, 2/21, 2/28, 3/6, 3/13 (8 weeks)  
 Time: 4:05pm - 5:05pm  
**Course #:** 211016

Dates: Wednesdays – 4/3, 4/10, 4/17, 4/24, 5/1, 5/8, 5/15, 5/22 (8 weeks)  
 Time: 4:05pm - 5:05pm  
**Course #:** 211017

Fee: \$119 per student for 8 wks **(NO REFUNDS ONCE CLASS STARTS)**

Min/Max: 5/20  
 Instructor: Young Rembrandts Trained Instructor





## NONI'S SECRET GARDEN

**Do you like Animals?** Do you enjoy watching the bunnies, squirrels, chipmunks and birds? Even your pets? Welcome to Noni's Secret Garden where we will explore and discuss our encounters with the magical world of Nature and create our very own "Secret Garden" book.

Ages: Grades K-5th  
 Location: Donges Bay ICC (Meet in ICC on first day)  
 Dates: Thursdays – February 8, (Skip Feb 15),  
 22, 29, March 7, 14  
 Time: 4:00pm - 5:00pm  
**Course #:** 211018  
 Fee: Resident \$20/Non-Resident \$30  
 Min/Max: 6/20  
 Instructor: Sharon Stillman



Ages: Grades K-5th  
 Location: Oriole Lane ICC (Meet in ICC on first day)  
 Dates: Thursdays –March 21, (Skip March 28),  
 April 4, 11, 18, 25  
 Time: 4:00pm - 5:00pm  
**Course #:** 213018  
 Fee: Resident \$20/Non-Resident \$30  
 Min/Max: 6/20  
 Instructor: Sharon Stillman

Ages: Grades K-5th  
 Location: Wilson ICC (Meet in ICC on first day)  
 Dates: Thursdays – May 2, 9, 16, 23, 30  
 Time: 4:00pm - 5:00pm  
**Course #:** 214018  
 Fee: Resident \$20/Non-Resident \$30  
 Min/Max: 6/20  
 Instructor: Sharon Stillman

## Scottish Country Dance - Basic Level

**Looking for something that is proven to be good for the body AND for the mind?** Come and learn the basic steps & formations of Scottish Country Dance – the social and ballroom dancing of Scotland. You need not be Scottish, have previous dance experience, or bring a partner for this style of dancing which is enjoyed all over the world. No specialized clothing (or even a kilt) needed, but we do recommend soft-soled shoes for dancing (or stocking feet). We typically dance in groups of 6-8 people to lively fiddle, accordion, pipe and piano music. Eight weeks of instruction, ninth class is a dance party.

**Need: soft-soled shoes or stocking feet, suggest bringing your own water bottle**

Ages: 12 and up  
 Day: Wednesdays  
 Dates: January 17 - March 13 (skip 2/14)  
 Time: 7:30pm - 9:00pm  
 Location: Range Line Community Center Gym  
 Fee: Resident \$30/Non-Resident \$40  
**Course #:** 229005  
 Min/Max: 8/25  
 Instructor: Terry Garner, certified by the Royal Scottish Country Dance Society (RSCDS); Teacher with Milwaukee Scottish Country Dancers (Affiliate of RSCDS) and with the Madison Branch of the RSCDS.



## Mequon Nature Preserve Craft and Storytime

Read some storybooks with MNP staff, take a short, guided hike (weather dependent), and then come back and make a nature related craft! **An adult must be with the child(ren).** This program will be at the Mequon Nature Preserve's Education Center.

Ages: 2 - 9 years old  
 Days: Tuesdays  
 Time: 10:00am - 11:30am  
 Location: Mequon Nature Preserve - Pieper Power Education Center  
 8200 W County Line Rd  
 Mequon, WI 53097

Fee: Free - Donations are greatly appreciated  
 Min/Max: 5/20

Instructor: Amanda Neimon is the Ecological Outreach Manager and the Mequon Nature Preserve Coordinator. There she assists with land restoration projects on the 510 acre land and leads field trips of groups of all ages/grades. She holds a B.A. in Environmental Science.

Dates:  
 January 16, 2024 **Course #: 212030**  
 February 13, 2024 **Course #: 212031**  
 March 19, 2024 **Course #: 212032**  
 April 23, 2024 **Course #: 212033**  
 May 21, 2024 **Course #: 212034**



## MEQUON NATURE PRESERVE JUNIOR NATURE BOOK CLUB

**A book club just for those who like nature!** All members will get a free copy of the book that they get to keep. Books will have a nature theme or element to them. Email [moconnor@mequonnaturepreserve.org](mailto:moconnor@mequonnaturepreserve.org) if your child is interested in joining! All meetings will have snacks and be at the Mequon Nature Preserve's Education Center

Grades: 5th through 9th grade  
 Days: 3rd Tuesday of the month  
 Time: 2:00pm - 3:00pm  
 Location: Mequon Nature Preserve - Pieper Power Education Center  
 8200 W County Line Road, Mequon

Min/Max: 3/20

Fee: FREE - Donations are greatly appreciated

Facilitator: Marianne O'Connor - MNP Administrative Manager and Book Lover. She loves to read and encourages children to keep reading.



## ADULT American Red Cross Lifeguarding Certification, Blended Learning

**Are you interested in giving back to your community?** This course offers the opportunity for adults that have a little extra time on their hands to be a part of the solution to saving many aquatic programs in the area. This American Red Cross Lifeguard course will cover the knowledge and skills to get your lifeguard, CPR/AED and first aid certifications. Successful completion of the course earns you a 2-year, nationally recognized certification in Lifeguarding/First Aid/CPR/AED. This course is run at a slower pace to allow for more practice time and full understanding before moving on. Please understand that this course is a blended learning course, therefore a computer is required, but will work with you to ensure you have access. Participants must complete all online assignments prior to the start of class. Certification is not guaranteed as participants must score above an 80% on a written test and pass an in-water skills test. There is a mandatory pretest on the first day of class. Please bring a swimsuit, towel and snacks each meeting day. **Class meets Friday April 5 from 5:30 – 9:00 PM, Saturday April 6 from 8:00 AM – 4:00 PM, and Sunday April 7 from 9:00 AM – 1:00 PM**

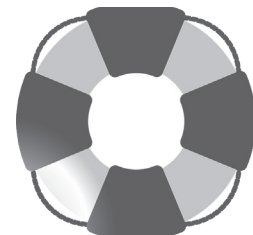
- Age: Minimum 15
- Dates: Friday, Saturday and Sunday, April 5th- April 7th
- Times: See description
- Location: Shorewood High School Conference Room and VHE Pool  
1701 E Capitol Dr, Shorewood, WI 53211
- Fee: Resident - \$200/Non-Resident - \$250
- Instructor: Perry Perkins, Lydia Leipzig, Cassandra Rodriguez - Red Cross Certified
- Course #:** 229046
- MAX: 2



## ADULT American Red Cross Lifeguarding Certification, Blended Learning

**Are you interested in giving back to your community?** This course offers the opportunity for adults that have a little extra time on their hands to be a part of the solution to saving many aquatic programs in the area. This American Red Cross Lifeguard course will cover the knowledge and skills to get your lifeguard, CPR/AED and first aid certifications. Successful completion of the course earns you a 2-year, nationally recognized certification in Lifeguarding/First Aid/CPR/AED. This course is run at a slower pace to allow for more practice time and full understanding before moving on. Please understand that this course is a blended learning course, therefore a computer is required, but will work with you to ensure you have access. Participants must complete all online assignments prior to the start of class. Certification is not guaranteed as participants must score above an 80% on a written test and pass an in-water skills test. There is a mandatory pretest on the first day of class. Please bring a swimsuit, towel and snacks each meeting day. **Class meets Friday May 17 from 5:30 – 9:00 PM, Saturday May 18th from 8:00 AM – 4:00 PM, and Sunday May 19 from 9:00 AM – 1:00 PM**

- Age: Minimum 15
- Dates: Friday, Saturday and Sunday, May 17th – May 19th
- Times: See description
- Location: Shorewood High School Conference Room and VHE Pool  
1701 E Capitol Dr, Shorewood, WI 53211
- Fee: Resident - \$200/Non-Resident - \$250
- Instructor: Perry Perkins, Lydia Leipzig, Cassandra Rodriguez - Red Cross Certified
- Course #:** 229047
- MAX: 2



## Home School Tech Thriller

These exciting Technology Thriller classes allow students to experiment with some of the newest Technology Tools available. Think LEGO WeDo Robotics, Digital Movie sing with special effects, LEGO Motorized DACTA kits, Gears, Gears, and Gears projects, and much more. Classes can be customized to meet the needs of Home School groups.

Ages: 6-12 years old  
 Location: Range Line Community Center Conference Room  
 Time: All classes are 12:30pm - 2:30pm  
 Fee: Resident \$30 **per session**/Non Resident \$40 **per session**  
 Min/Max: 6/16  
**Registration: Deadline is one week before the start date.**  
 Instructor: Amy Masters – Computer Explorers

Dates:  
 Tuesday, January 30 **Course #: 212092**  
 Tuesday, February 27 **Course #: 212093**  
 Tuesday, March 19 **Course #: 212094**  
 Tuesday, April 30 **Course #: 212095**  
 Tuesday, May 21 **Course #: 212096**



## Youth Painting Class

**Do you have a mini Picasso?** We have just the thing! Children will explore their creative side while following step by step instructions to create their very own masterpiece. Instructions courtesy of Grape Escape LLC.

Ages: 6-12 years old  
 Days: Saturdays  
 Time: 11:00am - 12:00pm  
 Location: Nicolet High School - Room B111 (Knightskeller)  
 6701 N Jean Nicolet Rd, Glendale  
 Fee: Resident \$22/Non-Resident \$32  
 Min/Max: 1/5  
 Instructor: Briona Conway

Dates:  
**January 6 Course #: 212021**  
**February 17 Course #: 212022**  
**March 9 Course #: 212023**




# SUMMER ACADEMY 2024

The M-T Recreation Department wants to make sure that families have the information they need to plan ahead for the Summer Academy 2024. Below is the pertinent information:

- A flyer will be emailed February 1 to all households of K4 - 9th grade students with the full listing of offerings. Families can then start registering at that time.
- **April 1 will be the registration deadline** to decide if a class will run or not based on the minimum enrollment.
- These classes will be for incoming 2024-25 students grades K4 – 9th
- Math, Reading, Writing, Art, Science, Music, and other Enrichment Type courses will be offered.
- Will be running a 1-week (Mon-Fri) session and a 2-week (Mon-Thurs) session.

**Session 1:** June 17th – June 21st (Monday – Friday)

**Session 2:** July 22nd – August 1st (Monday – Thursday)

• **Times of classes:**

8:00am - 9:00am	–	AM Playground
9:00am - 11:30am	–	Classes
11:30am - 12:00pm	–	LUNCH
12:00pm - 2:30pm	–	Classes
2:30pm - 4:00pm.	–	PM Playground



Summer Academy 2024 will be held at the Range Line Community Center for grades K4-5th and Lakeshore Middle School for grades 6th-9th

# SPRING BREAK OPEN GYM

If you are sticking in town during Spring Break and are looking for a gym to shoot some hoops at - The Rec Dept is holding a free open gym on Tues March 26 through Thurs March 28 at the Range Line Community Center Gym. Open to kids and adults - Bring your own basketballs and a filled water bottle. Supervision will be included by Rec Dept staff.

Days: Tues March 26 through Thurs March 28  
 Time: 10:30am - 12:30pm  
 Location: Range Line Community Center Gym  
 Fee: FREE

**\*\*Bring Own Basketballs and a Filled Water Bottle\*\***



# MINECRAFT

Are you looking for a place to make new friends while improving your skills at Minecraft? Try new mini-games and build some amazing team projects. Each week will include a new project or challenge that will push your creativity to the limit.

Grades: Grades 1-6  
 Location: Shorewood High School, Science Building, Room #133  
 1701 E. Capitol Dr  
 Shorewood, WI 53211

Fee: \$30 Resident /\$45 Non-Resident

Instructors: Dante Darrow and Nicholas Burke

**Registration:** **Deadline for registration is one week prior to the start date.**

Max: 3 for each class



Grades	Dates	Times	Course #
Gr 1-3	Saturdays, 1/20 - 2/24	1:00pm - 2:00pm	212062
Gr 4-6	Saturdays, 1/20 - 2/24	2:15pm - 3:15pm	212063
Gr 1-3	Saturdays, 3/9 - 4/20 (Skip 3/30)	1:00pm - 2:00pm	212064
Gr 4-6	Saturdays, 3/9 - 4/20 (Skip 3/30)	2:15pm - 3:15pm	212065

## INSTRUCTORS WANTED DO YOU HAVE A HIDDEN TALENT YOU WANT TO SHARE?

We are looking for people with a passion to share and transfer the skills and knowledge onto others. The Mequon-Thiensville (M-T) Recreation Department offers a wide variety of programs and classes for all ages, but we still strive to provide more for the community we serve. If you have a passion for an activity, fitness or a craft/hobby and want to share that with others, we want to hear from you.

Share that knowledge and skills you have developed with others, be it youth or adults.

**Contact the Recreation Dept. at 262-238-7535.** Whether you want to volunteer your skills or desire to start a side career, there are opportunities that can be explored at M-T Recreation.

MT REC DRAMA DEPT presents...

# Annie JR.

Based on the popular comic strip and adapted from the Tony Award-winning Best Musical, with a beloved book and score by Tony Award winners, Thomas Meehan, Charles Strouse and Martin Charnin, Annie JR. features everyone's favorite little redhead in her very first adventure.

With equal measures of pluck and positivity, little orphan Annie charms everyone's hearts despite a next-to-nothing start in 1930s New York City. Annie is determined to find the parents who abandoned her years ago on the doorstep of an orphanage run by the cruel Miss Hannigan. Annie eventually foils Miss Hannigan's evil machinations, finding a new home and family in billionaire Oliver Warbucks, his personal secretary, Grace Farrell, and a lovable mutt named Sandy. With plenty of parts to go around, including featured roles as well as ensemble parts for orphans, servants and tourists, Annie JR. is ideal for productions involving different grade levels.

This experience will include theatre games, improvisation, vocal work and other acting tips, lots of singing, and of course a chance to be on stage for the final production! You will make lots of new drama buddies and have fun working together as a team. There are so many wonderful parts for young actors to play. This program is for actors who are first timers and for those who have had some experience on stage. All participants will receive a t-shirt.

REGISTRATION FOR THIS PROGRAM OPENS ON **WEDNESDAY, DECEMBER 13TH AT 9:00am ONLINE ONLY**. MAKE SURE YOU KNOW YOUR USERNAME AND PASSWORD BEFORE THIS DAY. NO EXCEPTIONS: **NO IN PERSON, FAXES, OR PHONE REGISTRATIONS WILL BE ALLOWED**. PARENTS MAY REGISTER FOR THEIR OWN CHILDREN ONLY. ONCE PROGRAM IS FULL, YOU WILL BE ABLE TO ADD YOUR CHILD'S NAME TO THE ONLINE WAITLIST.

Ages:	Grades 4-8
Location:	Range Line Community Center Gym and Stage
Dates & Times:	AUDITIONS: Tuesday, Jan 16 @ 4:15pm - 6:00pm CALLBACKS: Wednesday, Jan 17 @ 4:15pm - 6:00pm REHEARSALS: Tuesdays: <b>Speaking Roles:</b> ( <i>who is called for what date will be posted after auditions</i> ) 1/23, 1/30, 2/6, 2/13, 2/20, 2/27, 3/5, 3/12, 3/19, (skip 3/26) 4/2 from 4:15pm - 5:45pm Wednesdays: <b>FULL CAST:</b> 1/24, 1/31, 2/7, 2/14, 2/21, 2/28, 3/6, 3/13, 3/20, (skip 3/27), 4/3 from 4:15pm - 5:45pm Sundays: <b>FULL CAST:</b> 1/21, 1/28, 2/4, 2/11, 2/18, 2/25, 3/3, 3/10, 3/17 from 12:30pm - 3:00pm <b>MANDATORY DATES FOR TECH WEEK:</b> Sunday, April 7th from 12:30pm - 4:00pm ( <i>Dress &amp; Tech with Call time 30 - 45 minutes prior</i> ) Monday - Thursday, April 8th - April 11th from 4:15pm - 6:00pm SHOW DATES: Friday, April 12th @ 7:00pm Saturday, April 13th @ 7:00pm Sunday, April 14th @ 1:00pm with Cast Party to follow Call time: 60-90 minutes before show time.
Fee:	Resident \$230/Non-Resident \$250 ( <i>includes \$10 costume fee</i> )
Course#:	<b>212055</b>
Maximum:	35 students
Directors:	Ms. Love and Ms. Carlson



## SET CREW FOR . . .

# Annie JR.

**Interested in helping make theatre come alive on stage?** Join us behind the scenes to get the set ready for the Spring musical "Annie Jr." There is something to do, make, create, hammer, paint, design, sew, and organize for all middle school students of all skill levels!

Participants will receive a free t-shirt, get backstage privileges before the shows, learn new skills, have a "crew" buddy, and all the while make new friends! Participating in the Set Crew will also count towards Junior Thespian points for the International Junior Thespian Society.

Ages:	Grades 6-8
Location:	Range Line Community Center Gym and Stage
Dates & Times:	<b>Mondays:</b> January 22nd - March 18th (Skip 2/19) from 4:15 - 5:45pm or until the set is complete <b>Sundays:</b> January 21st - March 17th from 3:00pm - 5:00pm
Fee:	Resident \$50/Non-Resident \$60
<b>Course #:</b>	<b>212056</b>
Maximum Count:	15
Instructor:	Ms. Jamie Love

## WINTER POM CLINIC

Come dance with the Homestead Varsity Dance Team! Clinic participants will learn a halftime routine to perform on the floor of a JV basketball game. Dancers will be able to learn some pom movements, and showcase their skills in a group. We are looking for energetic dancers ages 5-12 to showcase their love of performing! **Each participant will receive a T-shirt. Poms will be available for purchase at \$20/pair or you can bring your poms from the clinic this past Summer.**

Ages:	Ages 5 – 12 years old
Practice Date:	Thursday, January 11 - Practice and Learn Routine
Time:	6:00pm - 7:30pm
Location:	Homestead High School Fieldhouse
Performance:	Friday, January 12
Time:	5:00pm - 6:30pm - Perform at halftime of HHS Boys JV Game vs Nicolet - BE THERE 5PM IN FIELDHOUSE!!
Location:	Perform in Homestead High School Main Gym
Fee:	Resident \$40/Non-Resident \$50 (Includes T-shirt)
<b>Course #:</b>	<b>212053</b>
Max:	80
	<b>DUE TO SPACE LIMITATIONS, THE MAXIMUM WILL BE STRICTLY ENFORCED</b>
Coaches:	Mackenzie Kurtin, Abi Check, and HHS Dance Team



**MT REC DRAMA DEPT presents...**



Everyone loves a good story, especially when it comes to life! Lucille's mother tells her the story of "The Princess King" as it unfolds before our eyes on the main stage. Princess Genevieve wants to marry Henry, but he's just a common cook. Of course, the king thinks this is ridiculous and takes it upon himself to choose who will be the next king and a suitable husband for his daughter. Though the princess begs her father to let her lead the kingdom herself, the king instead decides to hold a contest to find the next king. Princess Genevieve is outraged that she has been reduced to a trophy for her father's contest, so she and Henry cook up a plot to have Genevieve enter the contest herself. Disguised as a prince, Genevieve is intent on proving to her father that she is worthy to wear the kingdom's crown. Meanwhile, to cover for her absence, Henry clumsily masquerades as the princess, and Genevieve's maid tries to cover for the cook! Filled with mistaken identities, tongue-in-cheek humor, and over-the-top characters, your audiences will cheer for the princess as she tries to outsmart Prince Air-Guitar and evil "Prince Fluffy" and battle the great chicken-dragon, with some help from Henry's delicious lasagna! **Performed by Kids Grades 4-8**

**SHOWS:** Range Line Community Center Gym  
Friday, December 15 @ 7:00pm  
Saturday, December 16 @ 7:00pm  
Sunday, December 17 @ 1:00pm  
Cost is FREE & No Reserved Seating  
Doors Open 30 Minutes Before Showtime

**MT REC DRAMA DEPT presents...**



Based on the popular comic strip and adapted from the Tony Award-winning Best Musical, with a beloved book and score by Tony Award winners, Thomas Meehan, Charles Strouse and Martin Charnin, Annie JR. features everyone's favorite little redhead in her very first adventure.

With equal measures of pluck and positivity, little orphan Annie charms everyone's hearts despite a next-to-nothing start in 1930s New York City. Annie is determined to find the parents who abandoned her years ago on the doorstep of an orphanage run by the cruel Miss Hannigan. Annie eventually foils Miss Hannigan's evil machinations, finding a new home and family in billionaire Oliver Warbucks, his personal secretary, Grace Farrell, and a lovable mutt named Sandy. With plenty of parts to go around, including featured roles as well as ensemble parts for orphans, servants and tourists, Annie JR. is ideal for productions involving different grade levels. **Performed by Kids Grades 4-8**

**SHOWS:** Range Line Community Center Gym  
Friday, April 12 @ 7:00pm  
Saturday, April 13 @ 7:00pm  
Sunday, April 14 @ 1:00pm  
Cost is \$5.00 per person 4 years and up - No Reserved Seating  
Doors Open 30 Minutes Before Showtime

## Elementary Ballet & Tap Combo

Students will learn ballet terminology, basic barre work, and begin center work in ballet. Beginner tap technique and terminology will also be started. At the end of the session students would perform either a ballet or tap dance for parents and friends. Dress code is a leotard, tights, leather ballet slippers for ballet and any color tap shoes. **There will be a Dance Recital on the last day of the class in the cafeteria during the regular class time.**

Location: Range Line School – Room 101  
 Fee: Resident \$95/Non-Resident \$105 for 8 weeks (\$10 costume fee included)  
 Min/Max: 6/15  
**Deadline: One week prior to the start date of class.**  
 Instructor: Mariah from Academy of Dance Arts

Ages: 5 – 7 years old  
 Day: Wednesdays  
 Dates: Jan 24, 31, Feb 7, 14, (Skip Feb 21), 28, March 6, 13, 20 (Recital) (8 wks)  
 Time: 5:00pm - 6:00pm  
**Course #: 212047**



## Youth Co-Ed Hip Hop Dance

Learn the latest hip-hop moves and techniques taught in a gentle format. A final dance will be created that is fun and energetic. Comfortable stretch clothing must be worn with tennis shoes. All music will be age and content appropriate. **There will be a Dance Recital on the last day of the class in the cafeteria during the regular class time.**

Location: Range Line School – Room 101  
 Fee: Resident \$95/Non-Resident \$105 for 8 weeks (\$10 costume fee included)  
 Min/Max: 6/15  
**Deadline: One week prior to the start date of class.**  
 Instructor: Mariah from Academy of Dance Arts

Ages: 7 – 10 years old  
 Day: Wednesdays  
 Dates: Jan 24, 31, Feb 7, 14, (Skip Feb 21), 28, March 6, 13, 20 (Recital) (8 wks)  
 Time: 6:15pm - 7:00pm  
**Course #: 212048**



## Junior Beginner Quick Start Tennis Instruction – Ages 3-10 years

Our introductory tennis program for youth is put together with special care to give young players confidence, develop skills and pave the way for them to enjoy a lifetime of tennis. Membership is not required to sign up for this class. Sign up for each 13 week session separately, enrollment does not rollover. Taught by Mequon Elite USPTA certified professionals. Contact 262-241-4250 for more information.

Location: Mequon Elite Racquet & Fitness Club  
11616 No. Port Washington Rd., 262-241-4250

Dates: Week of November 27 through Week of Feb 26 **(13 weeks)**  
**(THERE WILL BE NO CLASSES HELD Dec 26, 27, 30)**

Ages and Time:	3-4 years	Tuesdays 4:00pm - 4:30pm	<b>Course #: 119135</b>
	3-4 years	Wednesdays 4:00pm - 4:30pm	<b>Course #: 119136</b>
	3-4 years	Saturdays 9:30am - 10:00am	<b>Course #: 119137</b>
	5-6 years	Tuesdays 4:30pm - 5:30pm	<b>Course #: 119138</b>
	5-6 years	Wednesdays 4:30pm - 5:30pm	<b>Course #: 119139</b>
	5-6 years	Saturdays 10:00am - 11:00am	<b>Course #: 119140</b>
	7-8 years	Tuesdays 4:30pm - 5:30pm	<b>Course #: 119141</b>
	7-8 years	Wednesdays 4:30pm - 5:30pm	<b>Course #: 119142</b>
	7-8 years	Saturdays 10:00am - 11:00am	<b>Course #: 119143</b>
	9-10 years	Tuesdays 4:30pm - 5:30pm	<b>Course #: 119144</b>
	9-10 years	Wednesdays 4:30pm - 5:30pm	<b>Course #: 119145</b>
	9-10 years	Saturdays 11:00am - 12:00pm	<b>Course #: 119146</b>

Fee: 3 - 4 years old Resident \$228/Non-Resident \$248 (13 weeks)  
5 - 10 years old Resident \$455/Non-Resident \$475 (13 weeks)

**NO MINIMUM OR MAXIMUM NEEDED**

Location: Mequon Elite Racquet & Fitness Club  
11616 N. Port Washington Rd., 262-241-4250

Dates: Week of March 4 through Week of June 3 **(13 weeks)**  
**(THERE WILL BE NO CLASSES HELD March 26, 27, 30)**

Ages and Time:	3-4 years	Tuesdays 4:00pm - 4:30pm	<b>Course #: 219017</b>
	3-4 years	Wednesdays 4:00pm - 4:30pm	<b>Course #: 219018</b>
	3-4 years	Saturdays 9:30am - 10:00am	<b>Course #: 219019</b>
	5-6 years	Tuesdays 4:30pm - 5:30pm	<b>Course #: 219020</b>
	5-6 years	Wednesdays 4:30pm - 5:30pm	<b>Course #: 219021</b>
	5-6 years	Saturdays 10:00am - 11:00am	<b>Course #: 219022</b>
	7-8 years	Tuesdays 4:30pm - 5:30pm	<b>Course #: 219023</b>
	7-8 years	Wednesdays 4:30pm - 5:30pm	<b>Course #: 219024</b>
	7-8 years	Saturdays 10:00am - 11:00am	<b>Course #: 219025</b>
	9-10 years	Tuesdays 4:30pm - 5:30pm	<b>Course #: 219026</b>
	9-10 years	Wednesdays 4:30pm - 5:30pm	<b>Course #: 219027</b>
	9-10 years	Saturdays 11:00am - 12:00pm	<b>Course #: 219028</b>

Fee: 3 - 4 years old Resident \$228/Non-Resident \$248 (13 weeks)  
5 - 10 years old Resident \$455/Non-Resident \$475 (13 weeks)

**NO MINIMUM OR MAXIMUM NEEDED**

## Amazing Athletes

Amazing Athletes is an educational sports and fitness program teaching children the basic fundamentals and mechanics of the following 10 sports: Baseball, Basketball, Football, Golf, Hockey, Lacrosse, Soccer, Tennis, Track & Field and Volleyball. We will also focus on the 7 key areas of motor-development through games, obstacle courses and other fun fitness activities. Our program incorporates exercises for gross motor development, hand-eye coordination, cardio-vascular fitness, speed and agility and stretching and muscle tone.

By introducing kids to a variety of sports and physical activities at a young age, they have a greater chance of finding a few things they like. Children participating in sports and fitness at an early age will expose to them an active and healthy lifestyle, which is our main goal!

Ages:	2 years olds	
Day:	Wednesdays	
Dates:	January 10, 17, 24, 31, Feb 7, 14, 21 Feb 28, March 6, 13, 20, (Skip March 27), April 3, 10, 17 April 24, May 1, 8, 15, 22, 29, June 5	Course #: 212024 Course #: 212025 Course #: 212026
Time:	10:30am - 10:55am	
Location:	Range Line Community Center Gym	
Fee:	7 weeks - Resident \$110/Non-Resident \$120 <b>per session</b>	
Min/Max:	6/15	
Instructor:	Amazing Athletes Instructor	
Ages:	3-6 years olds	
Day:	Wednesdays	
Dates:	January 10, 17, 24, 31, Feb 7, 14, 21 Feb 28, March 6, 13, 20, (Skip March 27), April 3, 10, 17 April 24, May 1, 8, 15, 22, 29, June 5	Course #: 212027 Course #: 212028 Course #: 212029
Time:	11:00am - 11:30am	
Location:	Range Line Community Center Gym	
Fee:	7 weeks - Resident \$110/Non-Resident \$120 <b>per session</b>	
Min/Max:	6/15	
Instructor:	Amazing Athletes Instructor	

## Skyhawks SuperTots Sampler

SuperTots Sampler (Flag Football/T-ball) - Your young athlete will be introduced to both Flag Football and T-ball in this inclusive course. This class helps develop motor skills while getting involved in sports. This program is non-contact. **Parent participation is required.**

Sports:	Flag Football and T-Ball	Sports:	Flag Football and T-Ball
Ages:	2 & 3 years olds	Ages:	3 & 4 years olds
Day:	Saturdays	Day:	Saturdays
Dates:	April 27, May 4, 11, 18	Dates:	April 27, May 4, 11, 18
Time:	9:00am - 9:30am	Time:	9:40am - 10:20am
Location:	Baseball Diamonds and Grass Field behind Steffen Middle School	Location:	Baseball Diamonds and Grass Field behind Steffen Middle School
Fee:	Resident \$62/Non-Resident \$72	Fee:	Resident \$62/Non-Resident \$72
<b>Course #:</b>	<b>212097</b>	<b>Course #:</b>	<b>212098</b>
Min/Max:	8/16	Min/Max:	8/16
Instructor:	Skyhawks Sports Milwaukee	Instructor:	Skyhawks Sports Milwaukee



## SATURDAY SOCCER

This non-competitive program for children 3-8 years old will introduce the game of soccer. Some low organized games are used to encourage sportsmanship and aid in the development of basic skills such as running, jumping, and kicking.



Age: 3-8 years old  
 Days: Saturdays  
 Location: Donges Bay NEW Gym (Enter Door #11) or Outside  
 Fee: Resident \$76/Non-Resident \$86 **per session**  
 Min/Max: 10/30  
**Registration: Deadline for registration is one week prior to the start date.**  
 Instructor: Please direct questions to Michelle Tipton of Solar Rec. at (262)312-0569

- Session 1:** Ages 3 & 4 years old – 9:00am - 9:50am  
 January 6, 13, 20, 27, Feb 3, 17, 24 (Skip Feb 10) **Course #: 212039**
- Session 2:** Ages 5 & 6 years old – 10:00am - 10:50am  
 January 6, 13, 20, 27, Feb 3, 17, 24 (Skip Feb 10) **Course #: 212040**
- Session 3:** Ages 7 & 8 years old – 11:00am - 11:50am  
 January 6, 13, 20, 27, Feb 3, 17, 24 (Skip Feb 10) **Course #: 212041**
- Session 4:** Ages 3 & 4 years old – 9:00am - 9:50am  
 April 13, 20, 27, May 4, 11, 18, June 1 (Skip May 25) **Course #: 212042**
- Session 5:** Ages 5 & 6 years old – 10:00am - 10:50am  
 April 13, 20, 27, May 4, 11, 18, June 1 (Skip May 25) **Course #: 212043**
- Session 6:** Ages 7 & 8 years old – 11:00am - 11:50am  
 April 13, 20, 27, May 4, 11, 18, June 1 (Skip May 25) **Course #: 212044**

## TUESDAY SOCCER

This non-competitive program for children 3-6 years old will introduce the game of soccer. Some low organized games are used to encourage sportsmanship and aid in the development of basic skills such as running, jumping, and kicking.

Age: 3-6 years old  
 Days: Tuesdays  
 Location: Range Line Community Center - Outside Behind Building on Grass Area  
**(Inside RL Gym as a Backup except for May 9)**  
 Fee: Resident \$63/Non-Resident \$69 **per session**  
 Min/Max: 10/25  
**Registration: Deadline for registration is one week prior to the start date.**  
 Instructor: Please direct questions to Michelle Tipton of Solar Rec. at (262) 312-0569

- Session 1:** Ages 3 & 4 years old – 4:30pm - 5:20pm  
 April 25, May 2, 9, 16, 23, 30 **Course #: 212017**
- Session 2:** Ages 5 & 6 years old – 5:30pm - 6:20pm  
 April 25, May 2, 9, 16, 23, 30 **Course #: 212018**

# Mequon Nature Preserve Craft and Storytime

Read some storybooks with MNP staff, take a short, guided hike (weather dependent), and then come back and make a nature related craft! **An adult must be with the child(ren).** This program will be at the Mequon Nature Preserve's Education Center.

Ages: 2 - 9 years old  
Days: Tuesdays  
Time: 10:00am - 11:30am  
Location: Mequon Nature Preserve - Pieper Power Education Center  
8200 W County Line Rd  
Mequon, WI 53097



Fee: Free - Donations are greatly appreciated  
Min/Max: 5/20

Instructor: Amanda Neimon is the Ecological Outreach Manager and the Mequon Nature Preserve Coordinator. There she assists with land restoration projects on the 510 acre land and leads field trips of groups of all ages/grades. She holds a B.A. in Environmental Science.

Dates:	
January 16, 2024	<b>Course #: 212030</b>
February 13, 2024	<b>Course #: 212031</b>
March 19, 2024	<b>Course #: 212032</b>
April 23, 2024	<b>Course #: 212033</b>
May 21, 2024	<b>Course #: 212034</b>

# MEQUON NATURE PRESERVE JUNIOR NATURE BOOK CLUB

**A book club just for those who like nature!** All members will get a free copy of the book that they get to keep. Books will have a nature theme or element to them. Email [moconnor@mequonnaturepreserve.org](mailto:moconnor@mequonnaturepreserve.org) if your child is interested in joining! All meetings will have snacks and be at the Mequon Nature Preserve's Education Center

Grades: 5th through 9th grade  
Days: 3rd Tuesday of the month  
Time: 2:00pm - 3:00pm  
Location: Mequon Nature Preserve - Pieper Power Education Center  
8200 W County Line Road, Mequon



Min/Max: 3/20  
Fee: FREE - Donations are greatly appreciated  
Facilitator: Marianne O'Connor - MNP Administrative Manager and Book Lover. She loves to read and encourages children to keep reading.

# Family Yoga

Designed for caregivers and their children, this class will incorporate yoga poses, breathing, and mindfulness exercises in an engaging and nurturing environment. Through the use of music and yoga-inspired games, grownups and children alike will enjoy letting loose while moving their bodies and exploring various yoga poses. Calming strategies and mindfulness exercises will be woven in along with teaching body awareness and emotional regulation. This is not your typical yoga class!! Children and adults are encouraged to be silly, try new movements, and connect with each other along the way. **Please bring your own yoga mats - Optional.**

Ages: 2 - 5 years old accompanied by an adult (siblings 1 and under are free)  
 Days: Thursdays  
 Dates: January 4, 11, 18, 25, February 1, 8 (Feb 15 makeup if necessary)  
 Time: 9:15am - 10:00am  
 Location: Range Line Community Center Gym  
 Fee: Resident \$105 per caregiver & child/Non Resident \$115 per caregiver & child  
 Resident \$40 additional child/Non Resident \$50 additional child  
**Course #'s: # 212066 for caregiver & child # 212067 for additional child**  
 Min/Max: 3 families/14 total individuals  
 Instructor: Carlie Aizenberg, certified Kidding Around Yoga Instructor  
[kids.yoga.with.carlie.com](http://kids.yoga.with.carlie.com)



## CREATIVE DANCE

This program is a Creative Movement, Dance Rhythms, Pre Ballet, and Tumbling class. Students will learn the basics of ballet while having fun with crowns, pom-poms, bean bags, and more...at the end of the session students would perform in a recital for parents and friends. Dress code is a leotard, tights and appropriate dance shoes. **There will be a Dance Recital on the last day of the class in the cafeteria during the regular class time.**

Ages: 3 - 5 years old  
 Location: Range Line School – Room 101  
 Fee: Resident \$95/Non-Resident \$105 for 8 weeks  
 (\$10 costume fee included)  
 Min/Max: 6/15  
**Deadline: One week prior to the start date of class.**  
 Instructor: Dru from Academy of Dance Arts



Day: Mondays  
 Dates: Jan 22, 29, Feb 5, 12, (Skip Feb 19), 26, March 4, 11, 18 (Recital) (8 wks)  
 Time: 10:00am - 10:45am  
 Course #: 212050

Day: Wednesdays  
 Dates: Jan 24, 31, Feb 7, 14, (Skip Feb 21), 28, March 6, 13, 20 (Recital) (8 wks)  
 Time: 1:00pm - 1:45pm  
**Course #: 212051**

## Junior Jamboree

Get moving and signing in this music class for children and their parents or caregivers. Your child will be immersed in children's songs, interactive finger play, creative dance music and the exploration of different rhythms. We hope you will learn some new songs while inspiring the love of music in your child. Bring your dancing feet and come share some special music moments together in this fun family class.

Ages: 6 months - 4 years  
 Days: Tuesdays  
 Location: Lydell Community Center, Room 19  
 5205 N. Lydell Ave.  
 Whitefish Bay, WI 53217  
 Fee: Resident \$66/Non-Resident \$76  
 MAX: 2  
 Supervisor: Dana Sherman, WFB Rec Instructor



<b>Dates:</b>	<b>8:45am - 9:15am</b>	<b>9:25am - 9:55am</b>	<b>10:05am - 10:35am</b>
Jan 23 - Feb 27	<b>Course #: 212083</b>	<b>Course #: 212084</b>	<b>Course #: 212085</b>
March 5 - Apr 16 (Skip Mar 26)	<b>Course #: 212086</b>	<b>Course #: 212087</b>	<b>Course #: 212088</b>
Apr 23 - May 28	<b>Course #: 212089</b>	<b>Course #: 212090</b>	<b>Course #: 212091</b>

## Drop 'N Go Art and Activity Program

This is a drop-off program where the children will be able to participate in both group activities in the gym as well as in the art room. We will work on listening and concentration skills. Participants will interact with each other through imaginative play and creative art and movement.

Ages: 3 thru 5 years – Children MUST be potty-trained  
 Days: Thursdays  
 Time: 9:00am - 11:00am  
 Location: Lydell Community Center, Room 24 & Gym  
 5205 N. Lydell Ave., Whitefish Bay, WI 53217  
 Fee: Resident \$110/Non-Resident \$120  
 MAX: 2  
 Instructors: Sarah Cottrill & Carolyn Noori, WFB Rec Instructors



<b>Dates:</b>	<b>Course #:</b>
Jan 11 - March 14 (Skip Feb 1 & 8)	<b>212068</b>
April 4 - May 23	<b>212069</b>



## Open Art

Explore the fun of art with your child in an informal, free-style setting. Various art materials and supplies will be set out for you to create your own projects. An instructor will be there to assist. This program is scheduled to be compatible with the Open Gym program.

Ages: 1 thru 3 years  
 Days: Fridays  
 Time: 10:00am - 10:45am  
 Location: Lydell Community Center, Room 24  
 5205 N. Lydell Ave.  
 Whitefish Bay, WI 53217  
 Fee: Resident \$55/Non-Resident \$65  
 MAX: 2  
 Supervisor: Sarah Cottrill, WFB Rec Instructor



<b><u>Dates:</u></b>	<b><u>Course #:</u></b>
Jan 5 - Feb 23 (Skip Feb 2 & 9)	212070
March 1 - April 26 (Skip March 22, 29, April 5)	212071

## Open Gym

Open Gym offers a variety of play equipment available for parents or guardians to enjoy with their children. Parents are responsible for their child's supervision and behavior. Only children meeting the age requirements may participate. This program is scheduled to be compatible with the Open Art program.

Ages: 1 thru 3 years  
 Days: Fridays  
 Time: 10:45am - 11:30am  
 Location: Lydell Community Center Gym  
 5205 N. Lydell Ave.  
 Whitefish Bay, WI 53217  
 Fee: Resident \$30/Non-Resident \$40  
 MAX: 2  
 Supervisor: Parental Supervision Only



<b><u>Dates:</u></b>	<b><u>Course #:</u></b>
Jan 5 - Feb 23 (Skip Feb 2 & 9)	212072
March 1 - April 26 (Skip March 22, 29, April 5)	212073

## Youth Sport Organization Contact Numbers:

Junior Highlander Boys Basketball.....	<a href="https://juniorhighlandersbasketball.teamsnapsites.com">https://juniorhighlandersbasketball.teamsnapsites.com</a> (Boys Basketball)
Highlander Basketball Club .....	<a href="HighlanderBasketballClub.TeamSnapSites.com">HighlanderBasketballClub.TeamSnapSites.com</a> (Girls Basketball)
Mequon-Thiensville Little League.....	<a href="http://www.MT-LL.org">www.MT-LL.org</a>
Mequon HEAT (Select Baseball & Softball) .....	<a href="http://www.tmyba.org">www.tmyba.org</a>
BOSS .....	<a href="http://www.bossbaseballacademy.com">www.bossbaseballacademy.com</a>
North Shore United .....	<a href="http://northshoreunited.org">northshoreunited.org</a>
Ozaukee Aquatics .....	<a href="https://www.teamunify.com/team/wioa/page/home">https://www.teamunify.com/team/wioa/page/home</a>
Jr Highlander Wrestling .....	EMAIL - <a href="mailto:jstammer7@gmail.com">jstammer7@gmail.com</a>
Cardinal Football .....	<a href="http://www.m-tcardinals.org">www.m-tcardinals.org</a>
Ozaukee Youth Hockey Association.....	<a href="http://www.ozaukeehockey.com">www.ozaukeehockey.com</a>
Wisconsin Premier Volleyball Club.....	<a href="http://www.wipremiervb.com">www.wipremiervb.com</a>
Ozaukee Lacrosse.....	<a href="http://www.ozaukeelacrosse.com">www.ozaukeelacrosse.com</a>

## OZAUKEE AQUATICS

***FIT...FAST...FUN!!!***

***Come SWIM with OZ!!***

Ozaukee Aquatics Swim Club offers competitive and conditioning programs for ages 5 and up to Master swimmers. Ozaukee Aquatics is a year round swimming program with practices @ Homestead High School daily. New registrations are always welcome throughout the year.

Program info on the Web:

<https://www.teamunify.com/team/wioa/page/home>

## VOLLEYBALL FUN



**VOLLEYBALL CLUB**

**Don't miss out!  
Sign up for Winter, Spring  
& Summer Camps now!**

**Competitive and social volleyball  
opportunities for Girls & Boys**

For info and to sign up please go to:

[www.wipremiervb.com](http://www.wipremiervb.com)



**BUILD LIFELONG FRIENDSHIPS  
ALL YEAR ROUND!**

**BASEBALL & SOFTBALL**

**BASEBALL**

U9, U10, U11, U12, U13  
U14, U15, U16

**SOFTBALL**

GIRLS U10, U12, U14, U16

- Competitive, community-based Teams
- Indoor winter facilities with practices 2-3 times per week
- Includes batting cages and professional hitting coach
- Outdoor spring/summer practices 2-3 days per week
- Local, or short travel weekend tournaments April through mid-July
- Up to 35 games, or 5 to 10 tournaments, per season depending on age level

**ANNUAL TRYOUTS IN  
LATE JULY FOR THE  
FOLLOWING SEASON**



See our website and Facebook pages for times, locations, age requirements and more!

**TMYBA.ORG/HEAT**

A Thiensville Mequon Youth Baseball Association (TMYBA) Program



**MEQUON-THIENSVILLE LITTLE LEAGUE  
PROVIDING BASEBALL AND  
SOFTBALL OPPORTUNITIES  
FOR AREA YOUTH**

**REGISTRATION NOW OPEN**

- **Skill Development**
- **Positive Coaching**
- **Off-Season Open Gyms**
- **Interleague Play with other local communities\***
- **Boys and Girls in Grades K4-9th**
- **No Tryouts**



MT-LL.org

Baseball League	Age
Rookie	4 & 5
Low Minors	6 & 7
High Minors	8 & 9
Majors	10 & 11
Juniors	12, 13 & 14
Softball League	Age
Rookie	4, 5 & 6
AA	7 & 8
AAA	9 & 10
Majors	11 & 12
Seniors	13 - 16



A Thiensville Mequon Youth Baseball Association (TMYBA) Program

Be part of the **B.O.S.S.** family

- High quality baseball experience for players ages 8-14

For Parents...

- Nonprofit & affordable
- Conveniently located at Lemke Park
- Collaborative tournament scheduling

For Players...

- Be an important part of a team
- Build self-confidence
- Get access to clinics and professional instruction
- Access to multiple indoor locations during Winter



Tryouts in July/August  
www.bossbaseballacademy.com



## MEQUON-THIENSVILLE CARDINAL FOOTBALL

Tackle football for 5th - 8th grade.  
Practice starts early August.  
Saturday games

Registration starts in March.  
Register before April 1 to receive  
an early sign up discount.

[www.m-tcardinals.org](http://www.m-tcardinals.org)

# Highlander

Jr.



## Wrestling

Season (December thru March)

1st Grade — 8th Grade Tues/Thur: 6:00-7:30 pm Cost: \$50

--- An additional \$40 US Wrestling membership fee will be required ---

For more information contact :

Jason Stammer - [jstammer7@gmail.com](mailto:jstammer7@gmail.com) Ph: 414-313-0372



Find us on  
Facebook

@Jr. HighlanderWrestling

## NORTH SHORE UNITED RECREATIONAL SOCCER

U8

U10

U12

U14



**SPRING SEASON REGISTRATION  
NOW OPEN!**

**VISIT OUR WEBSITE  
FOR MORE INFO**

[NORTHSHOREUNITED.ORG/RECPROGRAM](http://NORTHSHOREUNITED.ORG/RECPROGRAM)



### Junior Highlander Basketball Club

FOR BOYS 3RD THRU 8TH GRADES

The Jr. Highlander Basketball Club (MTBA):

- Is the feeder for the boys' basketball program to Homestead.
- All teams will participate in the WYBL – Southeastern Wisconsin's premier youth basketball league.
- Provides boys a fun and competitive basketball experience.
- Creates a positive learning environment, with high quality coaches, safe facilities and a good value to its members.
- Seeks out competitive leagues and tournaments for all teams.

For more information:

Website: <https://juniorhighlandersbasketball.teamsnapsites.com/>

# PLAY HOCKEY

IT'S MORE THAN JUST A GAME.

OZAUKEE YOUTH HOCKEY

#### Try Hockey For Free

Ozaukee Ice Center  
For Boys & Girls ages 5-14  
Saturdays in September  
\*\* All equipment provided \*\*  
Register at [ozaukeehockey.com](http://ozaukeehockey.com)



Registration Opens July 1st!

Co-Ed and Girls Teams  
4k - 8th Grade  
Programs run  
September - March  
No experience necessary  
\*\* Equipment rental available \*\*

**OZAUKEEHOCKEY.COM**

OZAUKEE ICE CENTER  
5505 PIONEER RD.  
MEQUON, WI 53097

QUESTIONS?  
CALL 262.305.6767  
OR EMAIL:

[MEBOLANDER@GMAIL.COM](mailto:MEBOLANDER@GMAIL.COM)

### Highlander Basketball Club

FOR GIRLS 2nd - 8th GRADES



Feeder Program for  
Homestead Girls Basketball

Providing a fun and competitive experience!

Competitive Leagues & Tournaments

Practices & Skills Sessions

Opportunity to Work w/ Homestead  
Girls Basketball Coaching Staff

Quality Coaches & Trainers

Female Athlete Development For All Ages

MORE INFO AT

[HighlanderBasketballClub.TeamSnapSites.com](http://HighlanderBasketballClub.TeamSnapSites.com)



@highlanderbasketball

## PLAY LACROSSE THIS SPRING!

### Ozaukee Youth Lacrosse

Competitive Boys and Girls League  
3rd-8th Grade

**SPRING 2024 REGISTRATION  
OPENS DECEMBER 1st**

Beginner & Experienced Players Welcome  
March- June Season

**Teams fill up quickly!**

Visit our website to register & for more information



**OZAUKEE  
LACROSSE**

[www.ozaukeelacrosse.com](http://www.ozaukeelacrosse.com)



**CRUX**  
COMMERCIAL PARTNERS

**Rickey Shneyder**

PARTNER



**24+**

YEARS

of Commercial Lending Experience

**4,000**

DEALS CLOSED

**12+**

YEARS

of Real Estate Ownership Experience

### About Rickey Shneyder

Each client has unique financing needs. Crux utilizes an array of national financing sources to determine the best solutions that are broken out below as examples. Rickey carries a bachelors and masters degree from the University of Wisconsin-Milwaukee.

*Rickey Shneyder*

### National Financing For:

- Conventional
- SBA
- Medical Practice Finance
- DSCR
- Bridge
- Hard Money
- Fannie
- Freddie
- HUD
- Private Debt Funds
- PACE Financing

### About Crux Commercial Partners

Crux Commercial Partners is a leading loan brokerage firm specializing in real estate and non-real estate financing solutions. With a track record of approximately \$7 Billion funded, we have the expertise and connections to secure financing. With no minimum or maximum loan requirements, we operate in nearly every credit box to help our clients.

📞 414.617.6120

✉️ rickey@cruxcre.com

🌐 cruxcre.com



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COMMERCIAL PARTNERS

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FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

**FIND  
WHAT  
MOVES YOU.  
FIND YOUR Y.**

**RITE-HITE FAMILY YMCA**

Mention this ad to get a

**FREE  
1-WEEK TRIAL  
MEMBERSHIP**

OFFER EXPIRES FEB 29, 2024  
New YMCA of Metropolitan Milwaukee  
members only. Restrictions may apply.

**BETTER TOGETHER** Receive 20% off your membership when a friend joins with you!

### AMENITIES

- Newly renovated facility featuring a youth program room for NinjaZone classes!
- Indoor pools for swimming laps, open swim, water exercise classes, and swim lessons, plus access to the Walter Schroeder Aquatic Center.
- Fitness Center with the latest strength-training and cardio equipment, as well as a walking/running track.
- Gym for open gym, pickleball, and basketball.
- Drop-in child care while you work out.
- Personal training to help you achieve results.

### MEMBER BENEFITS

- Access to all YMCA of Metropolitan Milwaukee locations, plus Ys around the country.
- Group exercise classes, including yoga, Pilates, Les Mills, TRX®, ZUMBA®, and SilverSneakers®.
- On-demand virtual programming.
- Fitness orientation designed to keep you moving towards your goals.
- Priority registration and members-only rates on programs.

9250 N. Green Bay Road, Brown Deer | 414-354-9622 | YMCAMKE.ORG





Jonathan M. Clark House  
- 1848 -

**COME FOR A TOUR  
AT THE JONATHAN CLARK HOUSE**

Located at the corner of Cedarburg & Bonniwell Roads. Private & small group tours are available at a time that fits your schedule. **Please call or email us to set up your visit. Families welcome!**



- ☎ PHONE: 262-618-2051
- ✉ EMAIL: [jchmuseum@gmail.com](mailto:jchmuseum@gmail.com)
- 🌐 WEBSITE: [www.jonathanclarkhouse.com](http://www.jonathanclarkhouse.com)



**Join a Bowling League !**



**Youth and Adult** | Sept 2023 - April 2024



- Learn new skills & improve your scores
- Form Amazing Friendships
- Fun Tournaments during the season



**Want more Information?**

**Cedars: 377-3110**  
**Harbor Hills: 284-3434**  
**Circle B Recreation: 377-8090**  
[www.ocbausbc.com](http://www.ocbausbc.com)



**Train Smarter Prevent Injury**



**Did You Know? Many injuries are preventable!**

No matter what level of sport or fitness — **just starting, weekend warrior, or big goals for semi or professional athletes** — preventing injury will help you stay in the game.

Your 3-month SPORT Clinic **Fit 2 Play** program includes:

**5 one-on-one sessions with a SPORT PT**

Full musculoskeletal assessment to determine your personalized exercise program  
 Advancing program goals to build strength, improve mobility,  
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**Call to Get Started Today** \*HSA Eligible

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**SUPPORTING  
EDUCATIONAL  
EXCELLENCE**

**WORKING FOR  
EVERY SCHOOL,  
EVERY TEACHER,  
EVERY STUDENT!**

**The Mequon-Thiensville Education Foundation** supports over 3,500 students in all six of the Mequon-Thiensville School District's schools. A non-profit organization committed to advancing educational excellence, MTEF has granted over \$5 million to the MTSD over the last 25 years. With your generous support during our Annual Giving Campaign, we can continue to provide meaningful grants to our schools in the areas of technology, curriculum, and professional development that will allow our students to strive for excellence.



Invaluable high school STEM curriculum such as Cybersecurity II.



Expanded math curriculum in our middle schools for deeper exploration and connections with real world concepts.



The latest interactive technology: Newline panels in all six of our schools for collaborative, creative, and technically seamless lessons.



**SAVE THE DATE!**  
**MTEF 25th Anniversary**  
**Mardi Gras Bash at Shully's**  
**SAT FEB 24, 2024**

**SCAN  
ME!**



**LEARN MORE AND DONATE AT [MTEF.ORG](https://mtef.org)**

Make a Donation  
[mtef.org](https://mtef.org)



**KEEPING IN MOTION**  
DON'T COUNT THE DAYS, MAKE THE DAYS COUNT

Keeping in Motion offers quality service to help increase your health & fitness to benefit your daily living.

**Brandi Carson**

**CPT/LPTA/CPR**

[keepinginmotionllc@gmail.com](mailto:keepinginmotionllc@gmail.com)

(262)293-6828

Give us a **CALL** for a **FREE**  
**30 min consultation!**



**Elderly In Home Personal Training**

Is your **STRENGTH** declining?

Is it **DIFFICULT** to get around?

Do you get **SHORT** of breath?

Do you **LOSE** your balance?

Do you need help following through with an established  
**EXERCISE PROGRAM** from a physical therapist?



11345 N. Cedarburg Road • Mequon, Wisconsin  
262-242-2593 • [www.flwlib.org](http://www.flwlib.org)

This winter, the Frank L. Weyenberg Library offers many exciting programming options for all ages! Check out the Library's website or Facebook page for more information!

Explore our digital offerings such as Ancestry.com, Consumer Reports, Value Line, or AtoZ Databases. Or check out e-books, digital audiobooks and magazines through OverDrive!

## Would you like to advertise your business in our next Brochure?

*Our Brochure hits over 11,000 households in Mequon-Thiensville  
Ads are printed black and white*

**Editions:**

Fall comes out August 1 (Submission Deadline June 1)

Winter/Spring comes out December 1 (Submission Deadline October 1)

Summer comes out March 1 (Submission Deadline January 1)

**Cost:**

\$100 for Quarter Page per Brochure

\$200 for Half Page per Brochure

\$300 for Full Page per Brochure

If Interested, please reach out to Mike Schoemer, Director of Recreation at **262-238-7536** or email at [mschoemer@mtsd.k12.wi.us](mailto:mschoemer@mtsd.k12.wi.us)



## Mequon-Thiensville Recreation Department Financial Assistance Application

The Mequon-Thiensville Recreation Department strongly believes that all citizens should have the opportunity to participate in recreation programs regardless of financial status. Program registration fees are set annually by the M-T Recreation Department.

Please Provide The Following Parent/Guardian Contact Information In The Right Column Below	
Applicant's Name (Adult Parent/Guardian):	
Daytime/Evening Telephone:	
Email Address:	
Street Address:	
City/State/Zip:	

Please Provide The Following Participant Information Below:					
Name	M/F	Birth Date	Grade	Program & Course #	Fee
<b>Total Fees:</b>					

I certify that all of the information I have provided on this form is complete and correct to the best of my knowledge. If requested of me, I agree to provide such documentation as necessary to verify my identity and residency. I have read and understand the policy information on the bottom of this form.

Applicant's Signature: \_\_\_\_\_ Date \_\_\_\_\_

- I. **Eligibility.**
  - A. Applicants must attend school in the Mequon-Thiensville School District.
  - B. Applicants must be on the Free/Reduced lunch plan through the school district.
  - C. The maximum funding per individual is \$75.00 per year with a maximum of \$200.00 per household for all in house Rec programs except Kids' Campus and Summer Academy. Kids' Campus discount is 25% per week and Summer Academy discount is 50% per class for approved applicants.
  
- II. **Verification.**
  - A. A current driver's license, utility bill, apartment lease or tax bill may verify residency of the applicant.
  
- III. **Application.**
  - A. Individuals may apply by completing a Financial Assistance Application Form and submitting to the Recreation Department at least 2 weeks before the start of the program.. The application must be completed and signed by an adult member of the household. Applicants need to submit a new application form for each request. Applications will not be accepted for program registrations that have previously been processed.
  - B. The Recreation Manager shall review Financial Assistance Application Forms. All information provided shall be kept confidential.
  - C. All applications must allow two weeks for processing. Applicants will be notified by phone of their funding status.
  
- IV. **Guidelines For Approval/Denial.**
  - A. Financial Assistance Application Forms must contain complete and true information. Incomplete or falsified information shall result in denial of requests.
  - B. Applicants must meet the requirements of eligibility described in *Section I, Eligibility*.
  - C. **Some programs may not be eligible for financial assistance when contracted services are employed.**
  - D. Financial assistance shall not be granted for materials fees charged above and beyond the regular registration fee.
  - E. All program participants granted financial assistance shall remain in good standing with program instructors and the Recreation Department. Unsportsmanlike conduct and/or conduct detrimental to the program shall be grounds for removal of all financial assistance present and future.
  - F. This list shall not be considered all-inclusive, and the Recreation Department reserves the right to refuse financial assistance.

## EASY REGISTRATION PROCEDURES

All Mequon-Thiensville Residents may mail-in, or drop off the registration in person immediately upon receiving this brochure. Complete the registration form found in this booklet and return it along with your payment using one of the methods listed below. Checks must have your address imprinted on them for proof of residency. Do not send cash.

**Online:** Visit [www.mtsd.k12.wi.us](http://www.mtsd.k12.wi.us) and click on **Recreation Department at the top right.**

**Mail:** Mail the fully completed M-T Recreation registration form to: M-T Recreation Department, 11040 North Range Line Road, Mequon, WI 53092.

**Walk-In:** The M-T Recreation Office is located on the first floor of the Range Line School building. The office hours are 7:30am to 4:00pm.

## GENERAL REGISTRATION

Registration: Persons must register prior to participating in any program. Please fill out the enclosed registration forms completely, making sure to include the class registration number. Registration forms must be signed to be valid. A parent or guardian's signature is required for children under the age of 18. Full fee payment is needed to process each registration.

## REGISTRATION DATES

Persons should register by the date indicated. If your class does not meet the minimum enrollment by the date indicated, it may be cancelled and/or combined with another class. All registered participants will be notified of changes by phone. Class rosters are prepared and given to the instructor. Registrations after this date will be accepted only if an opening exists.

## ON-SITE REGISTRATION

Instructors will not accept registration or payment at the class site. All registration transactions must be completed at the Recreation Office prior to a scheduled class.

## CONFIRMATION OF REGISTRATION

Upon the receipt of a registration, the Recreation Office will send a confirmation via email. Please include your email address on the registration form. You will be immediately notified if the Recreation Office cancels an offering for which you have registered. A full refund will be given when courses are canceled.

## FEES

Resident and Non-resident fees are listed under course offerings. There is no pro-rating of fees.

## AGE/GRADE REQUIREMENT

For all programs, the age requirement will be as of the date of the first class unless otherwise specified. Please do not request to put your child in a class where he/she does not meet the age requirements. All age requirements are set to benefit the children and make instruction more consistent for the program leader.

## PHONE REGISTRATIONS

**PHONE REGISTRATIONS ARE NOT ACCEPTED.** Spaces in classes will not be held. Thank you for understanding.

## RESIDENT DEFINITION

Residents are defined as those persons who live in the Mequon-Thiensville School District. Non-resident fees apply to those who live outside the Mequon-Thiensville School District.

## HOSPITAL/MEDICAL INSURANCE

The Department does not provide hospital/medical insurance coverage for people participating in sponsored activities. Furthermore, the school district does not provide hospital/medical coverage for Department sponsored activities.

## REFUND POLICY

**Full Refunds:** Full refunds will be issued when a program is cancelled by the M-T Recreation Department. Full refunds will also be given if the M-T Recreation Department is notified by the participant one week before the program start date.

## PHOTOGRAPHY PROCEDURES

The M-T Recreation Department uses pictures of participants in bulletins and displays to inform others of our recreation opportunities. Those photographed will not be identified by name. If you do not want your child's or any family member's picture used for M-T Recreation publications, please inform the Recreation Office.

## CANCELLED PROGRAM

There may be times classes need to be cancelled due to weather, facility scheduling, etc. If this occurs, these classes will not be made up. There will not be a refund given for individual class cancellations due to weather or facility scheduling.

## PROGRAM LEADERSHIP

Qualified, competent LEADERSHIP is the key to a successful program. The Recreation Department will attempt to employ such leaders in all its programs. If you feel that you are qualified to lead, instruct, or officiate a specific program, contact the Recreation Office to obtain the proper application form.



## RECREATION OFFICE LOCATION

The Recreation Office is located on the first floor of the Range Line School building. Office hours are from 7:30 a.m. to 4:00 p.m., Monday through Friday. Telephone: 238-7535.

# MEQUON-THIENSVILLE RECREATION DEPARTMENT REGISTRATION FORM — WINTER/SPRING 2023-2024

First/Last Name (person completing the form) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_

Work/Day Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Email Address \_\_\_\_\_

Please list any food allergies and/or medications needed or any pertinent comments here: \_\_\_\_\_

PARTICIPANT: First Name	Last Name	M/F	Age <small>(only if 18 or under)</small>	Date of Birth <small>(only if 18 or under)</small>	Grade In 23-24	Program Title (Level)	Course #	Program Fees
<b>Total Fees</b>								

All participants are requested to sign the following release. Parent or Guardians must sign for minors.

I/We the undersigned do hereby agree to allow the above named to participate in the activity indicated above. I am/We are aware of and understand that there may be potential risks inherent with participating in any recreational activities and that the Mequon-Thiensville School District and the Mequon-Thiensville Recreation Department does not provide accident insurance. To the extent, any in-person activities scheduled by the Mequon-Thiensville School District and the Mequon-Thiensville Recreation Department in accordance with guidelines and restrictions of state and local public health officials existing at the time of such activity, participation in and attendance at any such activities is completely voluntary. Persons attending such in-person activities expressly agree to hold the Mequon-Thiensville School District and Mequon-Thiensville Recreation Department employees, staff, and other persons harmless and waive any claims against the Mequon-Thiensville School District and Mequon-Thiensville Recreation department for any injury, and/or reckless or intentional actions/inactions that may result from their voluntary participation in or attendance at any such in-person activity. In the event of a medical emergency, I authorize the department staff to obtain medical treatment for the above named. I and my child hereby acknowledge having received education found on the Mequon-Thiensville Recreation Department website or in the office about the signs, symptoms, and risks of sport related concussions. I and my child acknowledge our responsibility to report to our coaches, parent(s)/guardian(s) any signs or symptoms of a concussion.

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

**MAIL TO: M-T Recreation Department, 11040 N. Range Line Rd., Mequon, WI 53092.**  
**Please double check that the form is completed in its entirety. For questions/assistance PHONE: (262) 238-7535.**

Please refer to the M-T Recreation Department brochure or [www.mtsd.k12.wi.us](http://www.mtsd.k12.wi.us) for specific registration refund policies.

**The Recreation Department is no longer allowing Credit Card information to be written on the registration form for payment of programs. If you want to pay for a Recreation Department program by credit card, you can do so online or in the Recreation office in person. The Recreation Department will still accept checks for payment in the mail.**

**MEQUON-THIENSVILLE SCHOOL DISTRICT**  
5000 W. Mequon Road  
Mequon, WI 53092

Non-profit Org.  
U.S. Postage  
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Thiensville, WI  
Permit No. 8058

RESIDENT  
MEQUON-THIENSVILLE, WISCONSIN  
53092 / 53097

# If you are 64 years old, please read on

The Medicare choices you need to make can be confusing. Now is the time to figure them out and I'd like to help.

Let's sit down and talk about your needs and figure out the best fit together.

You will learn more about:

**Medicare Advantage**  
**Medicare Supplement**  
**Part D Prescription Plans**



**Michael P. Franks**  
**262.236.9022**



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1340 W Towne Square Road • Mequon • [www.frontporchfinancial.com](http://www.frontporchfinancial.com)